Applied Psychology of Football

Module Information

2022.01, Approved

Summary Information

Module Code	6303SPS
Formal Module Title	Applied Psychology of Football
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	22
Seminar	22

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	12 Weeks

Aims and Outcomes

Aims	To develop students' knowledge, understanding and ability to critically evaluate key psychological concepts that influence development and performance in and through football related contexts. To develop students' critical understanding of the application of these principles in football settings.

After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Critically analyse the psychological and cultural challenges that elite players experience within youth and senior football environments.
MLO2	2	Critically discuss the role of the applied sports psychologist in supporting players, teams and organisations with the various challenges in a development and performance context.
MLO3	3	Critically discuss applied practice philosophy within the context of the sports psychologist.

Module Content

Outline Syllabus	Philosophy of Practice Anxiety, stress & coping Approaches to applied practice Critical moments Organisational culture Career Transition Resilience Identity Culture & Environment
Module Overview	
Additional Information	BUES mapped.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Presentation format	30	0	MLO3
Presentation	Group Presentation	70	0	MLO1, MLO2

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Martin Littlewood	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings