

Liverpool John Moores University

Title: Psychology 3
Status: Definitive
Code: **6305SSLN** (123101)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Amy Whitehead	Y
Colum Cronin	
Elizabeth Myers	
Emma Ball	
Matthew Andrew	
Nigel Green	
Julie Money	

Academic Level: FHEQ6 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	20
Seminar	20

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS 1	Portfolio (4500 word equivalent)	100	

Aims

The aim of this option module is to build on the foundations introduced in level 4 and 5 by supporting student's ability to apply sport psychology concepts in line with a

performer's outcome goals in a physical education setting.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically appraise and apply the key sport psychology concepts within the design of a psychological develop programme within physical education.
- 2 Demonstrate how wider psychological issues have impact on student/athlete development and practitioner competencies.
- 3 Demonstrate a critical understanding of how to apply the self-determination theory to promote an appropriate motivation climate.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
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Outline Syllabus

Psychological factors affect teacher delivery.

How a triangulation of theories and factors can influence physical education and student development.

The application of creating a motivational climate

How psychology links with physical development.

The module will be delivered in classrooms and practical spaces.

Learning Activities

This module will be taught via lectures, workshops, and tutorials.

Notes

This option module builds on the foundations introduced in level 4 and 5 by supporting students' ability to correctly apply sport psychology concepts in line with performers' outcome goals in a physical education setting. Furthermore, this module enables the student to develop their expertise further by applying these theories learned in earlier levels to a real world physical education environment.