

## Liverpool John Moores University

Title: Contemporary Issues in Physical Education 3  
Status: Definitive  
Code: **6307SSLN** (123103)  
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences  
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
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**Academic Level:** FHEQ6      **Credit Value:** 20      **Total Delivered Hours:** 40  
**Total Learning Hours:** 200      **Private Study:** 160

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	15
Practical	10
Seminar	15

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS 1	Portfolio (4500 word equivalent)	100	

### Aims

*This module aims to develop a deeper understanding of the role physical education plays in promoting physical activity, health and well-being of young people. Students*

*will also critically reflect on the challenges, choices and constraints that young people experience within the complexity of the educational environment and wider society using a range of philosophical and sociological perspectives.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Critically examine the processes and structures in physical education that contribute to the development of physical activity in young people.
- 2 Reflect on and critically analyse the provision, policy and practice of Physical Education and the impact this has on young people.
- 3 Critically examine the role of physical education in promoting health and well-being.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
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## **Outline Syllabus**

*Defining physical education, sport and physical activity.*

*Physical Education in the future: What can be expected? A sociological analysis.*

*Socio, economic and cultural barriers to participation.*

*Physical activity, health and fitness.*

*Physical education and physical activity promotion.*

*The concept of physical literacy from international perspectives*

*International issues in relation to the promotion of physical activity*

*Health and wellbeing in relation to Physical Education in the wider context.*

## **Learning Activities**

Theoretical and practical concepts and principles will be introduced and developed through a combination of lectures, seminars and practical learning activities.

Opportunities will be available, where appropriate, for individual tutorials. Students will also be involved in a range of directed tasks which will be completed as independent study.

Students will be required to complete background reading and preparations before lecture and workshop sessions, in order to aid their contribution to discussions and debates from an informed point of view.

## **Notes**

This module aims to develop a deeper understanding of the role physical education plays in promoting physical activity, health and well-being of young people. Students will also critically reflect on the challenges, choices and constraints that young people experience within the complexity of the educational environment and wider society using a range of philosophical and sociological perspectives. This module is a progression from the level 5 module 5307SSLN Contemporary Issues in Physical Education.