

Liverpool John Moores University

Title: Leadership in Outdoor Adventure 3
Status: Definitive
Code: **6364SSLN** (123323)
Version Start Date: 01-08-2020

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Level: FHEQ6 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	15
Off Site	23
Tutorial	2

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS 1	Portfolio (4,500 word equivalent)	100	

Aims

This module aims to provide students with the opportunity to gain experience, skills, and knowledge focused towards a career pathway in the outdoor industry. By offering a choice of two from four pathways the students can demonstrate practical and theoretical expertise in outdoor education by developing practical expertise in

outdoor pursuits leadership through governing body awards; practical outdoor pursuits that are used specifically in certain areas of the world but may not be covered by UK NGB awards; recreational ecology, adventure tourism and expedition planning; and adventure therapy.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify their developmental needs in terms of knowledge, skills and experience for an intended career pathway and select and develop appropriate outdoor education experiences and knowledge in order to address these needs.
- 2 Critically reflect on the extent to which these needs will contribute to their future career.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2
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Outline Syllabus

Students choose two from the following four units:

UNIT 1: NGB Awards and further experience:

a) Mountain Leadership: Assessment of macro and micro navigation in complex mountain terrain. Carrying out simple emergency and rescue procedures. Leading parties on steep terrain using appropriate safety procedures and safeguarding them against a variety of environmental hazards. Principles and practice of mountain journeys. The Mountain Leader Award is the Target award for this module, but the WGL may also be offered, along with a fall-back award.

b) Rock Climbing or Paddlesport: Coaching and instructing of a selected outdoor pursuit. Preparation for national awards in paddlesport or rock climbing.

UNIT 2: Group Adventure leading

Leadership of groups in adventurous environments with particular reference to activity-specific contexts. A theoretical and practical exploration of situational leadership in relationship to group dynamics, group motivations, and conformities, when applied to educational and specialist clients. Practical assessment and management of- risk, peer responsibilities, problem solving and decision making. Specific practical activities may include practical caving, gorge walking, coasteering.

UNIT 3: Recreation Ecology, Adventure Tourism and Expedition Planning. The growth and development of outdoor recreation, ecotourism and adventure tourism and the conflicts this involves. Ecological impact of adventure tourism in high mountain and wilderness areas; Sustainable tourism; the impact of global warming in high mountain and wilderness areas. Expeditions as catalysts for connecting to nature.

UNIT 4: Adventure Therapy:

A variety of approaches to outdoor and adventure therapy will be examined and evaluated. Students will identify the therapeutic benefits, limitations and ethical issues of working therapeutically in outdoor adventurous settings. Students will be encouraged to develop key knowledge and interpersonal skills for working therapeutically, evaluating key approaches in counselling and psychotherapy and how these apply to an outdoor setting.

Learning Activities

Lectures on fundamental principles, combined with prescribed reading and directed practical activities. The module activities are designed to make significant contributions to enable students to develop skills appropriate to the world of work as related to the outdoor industry.

Notes

The module allows students to choose their preferred pathway to best suit their individual career needs. Each unit has a distinctive theme that reflects the diversity of career choices within the Outdoor Education industry. The learning outcomes listed above are generic for each unit.