

Health Psychology

Module Information

2022.01, Approved

Summary Information

Module Code	6502PSYSLI
Formal Module Title	Health Psychology
Owning School	Psychology
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

Partner Teaching Institution

Institution Name
Sri Lanka Institute of Information Technology

Learning Methods

Learning Method Type	Hours
Lecture	32
Seminar	8

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-PAR	PAR	January	12 Weeks

Aims and Outcomes

Aims	<p>1. To explore in depth the major concepts and research methods used in the field of health psychology. 2. To critically appraise biopsychosocial factors involved in the enhancement of health and prevention of illness. 3. To analytically assess the role of secondary prevention in relation to health and illness. 4. To examine in detail specific health problems and their impact on both patients and families. 5. To compare and contrast techniques used in the application of health psychology for both the prevention and management of illness.</p>
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Delineate the major features of current theories and approaches in health psychology with reference to related disciplines.
MLO2	2	Discuss the role of biological, psychological, social and economic factors in the enhancement of health and/or the development and maintenance of illness.
MLO3	3	Critically evaluate a variety of research methodologies utilized in the field of health psychology.
MLO4	4	Critically evaluate the literature in the area of applied health psychology.

Module Content

Outline Syllabus	<p>The causes of illness and disease are varied and complex and understanding health requires the expertise of a wide array of health professionals including doctors, nurses, midwives, dietitians, epidemiologists and of course psychologists. This module introduces you to health psychology, one of the newest and most rapidly expanding fields of modern psychology. Health psychology emphasises the role of psychological factors in the cause, progression and consequences of health and illness. In general, health psychologists work in two areas. First, conducting research aimed towards understanding, explaining, developing and testing theory. Second, by putting theory into practice and evaluating outcomes. In this module students will be exploring both aspects of health psychology.</p>
Module Overview	
Additional Information	<p>The course will explore psychological theory as it relates to public health care. It will also examine some of the major threats to public health including obesity, diabetes and cardiovascular disease.</p>

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Literature review	50	0	MLO1, MLO2, MLO3, MLO4
Exam	Exam	50	2	MLO1, MLO2, MLO3, MLO4

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
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Simon Cooper	Yes	N/A
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Partner Module Team

Contact Name	Applies to all offerings	Offerings
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