

Advanced Professional and Personal Development

Module Information

2022.01, Approved

Summary Information

Module Code	6503CPSY
Formal Module Title	Advanced Professional and Personal Development
Owning School	Nursing and Allied Health
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

Partner Teaching Institution

Institution Name
Nelson and Colne College Group

Learning Methods

Learning Method Type	Hours
Lecture	18
Seminar	18

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

Aims and Outcomes

Aims	Counsellors and psychotherapists are reflective practitioners who seek to maintain a high level of professional development and self-awareness. Therapeutic work will usually be overseen regularly by another therapist in the role of supervisor. Counsellors and psychotherapists are open to learning from new experiences in practice and to engaging in appropriate continuing professional development. One aspect of this process can be fulfilled by experiencing specialist informative experiential work with particular client groups such as confidence building, clients in addiction and facilitating groups. The more awareness of self for the counsellor, the more awareness of clients is achieved, which is paramount to developing ethical therapeutic relationships. This module will continue to build on personal awareness and development of the counsellor through experiential activities to facilitate movement and growth.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Facilitate a personal development group.
MLO2	2	Critically appraise their own learning, development and awareness of self and others
MLO3	3	Evaluate and reflect upon one's values, strengths and limitations relating to one's self-development and facilitation skills

Module Content

Outline Syllabus	Professional Practice o Working with clients with complex needso Referralsalso Critical and reflective thinkingo Reflective writingo Maintaining boundarieso Supervisiono Time managemento Experiential learningo Group worko Personal awareness and developmentContinuous professional and personal developmento Dynamics in relationships and groupso Working at relational deptho Confidence buildingo Personal conflicto Personal awarenesso Maintaining the core conditionso Self-reflectiono Self-developmento Self-careo Work life balanceo Personal responsibilityo Personal boundarieso Managing the therapeutic relationship in a professional context
Module Overview	
Additional Information	Students who successfully complete this module as a stand-alone module will be eligible for a University transcript of credit

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	practical skills assessment	50	0	MLO1
Portfolio	self-reflection	50	0	MLO2, MLO3

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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