

## Psychology of Football

### Module Information

2022.01, Approved

#### Summary Information

Module Code	6503YAUPE
Formal Module Title	Psychology of Football
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

#### Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

#### Learning Methods

Learning Method Type	Hours
Lecture	30
Seminar	10

#### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

#### Aims and Outcomes

Aims	The module aims to develop the students' conceptual and applied knowledge and understanding of psychology in football, with particular reference to the development and support of elite level players. It will encourage students to apply theoretical and applied processes relevant to the development and support of players in professional football.
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## After completing the module the student should be able to:

### Learning Outcomes

Code	Number	Description
MLO1	1	Explain, evaluate, and critically analyse a range of psychological concepts in the context of player development in football.
MLO2	2	Explain, evaluate, and critically analyse the use of a perceptual cognitive expertise framework to support the development of talent in football.

### Module Content

Outline Syllabus	Teaching and learning methods include lectures, tutorials, seminars, debates and workshops. The taught component of the module explores a range of current issues within psychology football that cover social, psychological, cultural, and physiological aspects of football. Specific examples of the types of issues to be discussed include:• Philosophy of sport psychology support. • Mental skills training in football. • Counselling psychology. • Identity and personal development. • Career transitions. • Perceptual cognitive expertise.
Module Overview	
Additional Information	Students will be expected to engage with and contribute to the learning environment through discussion and practice (in various football contexts).

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Psychology need in football	50	0	MLO1, MLO2
Presentation	Mental Skills Development	50	0	MLO1, MLO2

### Module Contacts

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Gillian Cook	Yes	N/A

#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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