

## Liverpool John Moores University

Title: Supervision in counselling and psychotherapy  
Status: Definitive  
Code: **6504CPSY** (128381)  
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nelson and Colne College Group

Team	Leader
Julie Connolly	

**Academic Level:** FHEQ6  
**Credit Value:** 20  
**Total Delivered Hours:** 36  
**Total Learning Hours:** 200  
**Private Study:** 164

### Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	18
Seminar	18

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	ASS1	supervision session - one hour	50	
Essay	ASS2	written reflection - 2000 words	50	

### Aims

*This module represents the skills-in-practice component of the course and aims to lay the foundations for effective and ethical supervisory practice. Students will be supported to reflect on supervisory procedural issues such as: clinical responsibility, contracting, risk assessment, and professional record keeping. Students will be given opportunities to reflect on interpersonal and intrapersonal processes in supervision and to critically evaluate their own interventions.*

## Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate an understanding of the process of supervision
- 2 Demonstrate reflective practitioner skills
- 3 Use critical evaluation skills to analyse the process of supervision

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Psychotherapy supervision	2	
Reflection	1	3

## Outline Syllabus

*The supervisor in context*

- *Building the supervisory relationship*
- *Good practice in supervision*
- *Enabling the supervisee to make use of supervision*
- *Assessment in supervision*
- *Ensuring standards in supervision*
- *Working with a group in supervision*
- *Working with the supervisee's counselling model*
- *Working sensitively within the supervisory relationship*

## Learning Activities

### Lectures

Students will receive approximately 18 hours of taught input which will explore theoretical concepts behind the subject area. Lectures will link explicitly to assessments and support students with further independent learning. Guest Lecturers and Speakers may also be used to enhance learning.

### Seminars (inc. workshops)

Students will also receive approximately 18 hours of taught input through seminars that will support students in applying theoretical concepts to real world situations. As part of the seminar programme, students will be encouraged to research the topics they will be using for their coursework.

### Independent Study

Students are expected to undertake personal research into topic areas that have been stimulated from the lectures and seminars.

VLE support

This will provide links to academic websites and on-line journals, facilitate group discussion outside of the classroom, access to outline lecture notes and provide students with assessment details.

## **Notes**

The focus of this module is on developing a capacity to supervise a psychotherapy session, not on the content of the session itself.

For the avoidance of unnecessary risk to third parties, psychotherapy sessions will be simulated by means of role plays in which other students on the course take the places of therapists and clients.

Students who successfully complete this module as a stand-alone module will be eligible for a University transcript of credit