

**Summary Information**

<b>Module Code</b>	6504SPRT
<b>Formal Module Title</b>	Professional Development and Practice
<b>Owning School</b>	Sport and Exercise Sciences
<b>Career</b>	Undergraduate
<b>Credits</b>	20
<b>Academic level</b>	FHEQ Level 6
<b>Grading Schema</b>	40

**Module Contacts****Module Leader**

<b>Contact Name</b>	<b>Applies to all offerings</b>	<b>Offerings</b>
Colin Lewis	Yes	N/A

**Module Team Member**

<b>Contact Name</b>	<b>Applies to all offerings</b>	<b>Offerings</b>
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**Partner Module Team**

<b>Contact Name</b>	<b>Applies to all offerings</b>	<b>Offerings</b>
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**Teaching Responsibility**

<b>LJMU Schools involved in Delivery</b>
LJMU Partner Taught

## Partner Teaching Institution

Institution Name
Nelson and Colne College Group

## Learning Methods

Learning Method Type	Hours
Lecture	15
Seminar	6
Tutorial	15

## Module Offering(s)

Offering Code	Location	Start Month	Duration
SEP-PAR	PAR	September	12 Weeks

## Aims and Outcomes

<b>Aims</b>	This module is designed to build on the holistic coaching skills developed in levels 4 & 5. It acknowledges the diverse needs and interests of final year students of this subject by adopting a student directed approach to learning. Students will be encouraged to develop and explore the theory and practice of coaching through application in an appropriate setting (Minimum of 4 progressive session). As such a generic conceptualisation of coaching will be adopted, allowing the students to engage in a diverse range of applied coaching contexts which best meet their individual and course needs, and which will allow them to develop professionally in these areas. The aim of this module is to encourage practitioners to be reflective of their professional environment. There is a strong emphasis on the practical application of this reflective practice. This module therefore requires participants to apply their self-awareness, and problem setting and problem-solving skills to some work based coaching issues.
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## Learning Outcomes

After completing the module the student should be able to:

Code	Description
MLO1	Critically analyse relevant literature in contemporary issues in coaching.
MLO2	Implement an applied coaching programme (minimum 4 progressive sessions) and conduct a critical evaluation.
MLO3	Critically reflect on how to provide a high-quality participant-focused service through excellence in the coaching environment and the application of best practice in areas such as developing relationships, duty of care, and risk management.

MLO4	Evidence a clear focus on acting as an advocate to grow participation in the sport or physical activity.
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## Module Content

Outline Syllabus
Reflective Practice:• Exploration of reflective practice• How practitioners frame the problem• Use of tacit and theoretical knowledge in problem solving• Applications to coaching effectiveness Professional Practice:• Ethical practice• Exploration of the theory-praxis loop• Continuous professional development• Coaching pedagogy• Life-long learning• Mentoring• Reconceptualising the role of the coach Implementing Change in Coaching Contexts:• Designing professional development strategies and change programmes• Application of knowledge in coaching, sport science, and sport management• Implementing effective change programmes• Identifying examples of change – Industry Speakers

## Module Overview

Additional Information
None.

## Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Report	Critical Report	50	0	MLO1, MLO3
Presentation	Oral Presentation	50	0	MLO2, MLO4