

## Liverpool John Moores University

Title: Working with Trauma  
Status: Definitive  
Code: **6505CPSY** (128382)  
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nelson and Colne College Group

Team	Leader
Julie Connolly	

**Academic Level:** FHEQ6  
**Credit Value:** 20  
**Total Delivered Hours:** 45  
**Total Learning Hours:** 200  
**Private Study:** 155

### Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	45

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	ASS1	30 minutes	50	
Report	ASS2	2000 word report	50	

### Aims

*Counselling and psychotherapy courses need to equip trainee therapists to work with trauma and develop an understanding of the psychological disorders and symptoms including Post Traumatic Stress Disorder (PTSD), Complex PTSD, Borderline Personality Disorder (BPD), Dissociative Identity Disorder (DID). Without awareness and knowledge of trauma there is a potential risk that the therapeutic process could re-traumatise clients who have suffered trauma events. Trainee counsellors need to have an awareness of the assessments and treatments available for clients suffering from historical or current trauma.*

## Learning Outcomes

After completing the module the student should be able to:

- 1 Understand through role play the emotional, psychological, behavioural and emotional effects of trauma
- 2 Contextualise and critically analyse the experiences or events which are characterised by the term trauma.
- 3 Critically discuss the emotional, psychological, behavioural and emotional effects of trauma
- 4 Review and critically evaluate evidence based practice approaches and techniques that support clients suffering from trauma

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Role play	1		
written report	2	3	4

## Outline Syllabus

*Dissociative identity disorder*

*Experiences or events that are characterised with the term trauma*

*Manifestations of historical or current trauma*

*Emotional, psychological, behavioural and emotional effects of trauma*

*Theories, strategies and techniques to support clients suffering from traumatic events*

*Examination of evidence based practice that supports clients suffering from trauma*

*The role of assessment and treatments for clients presenting PTSD and trauma effects*

*Factors affecting the development of PTSD*

*Historical child abuse*

*Psychological trauma in contemporary society*

*Recognising the effects of working with trauma on the therapist.*

## Learning Activities

Lectures

Students will receive approximately 18 hours of taught input which will explore theoretical concepts behind the subject area. Lectures will link explicitly to assessments and support students with further independent learning. Guest Lecturers and Speakers may also be used to enhance learning.

Seminars (inc. workshops)

Students will also receive approximately 18 hours of taught input through seminars

that will support students in applying theoretical concepts to real world situations. As part of the seminar programme, students will be encouraged to research the topics they will be using for their coursework.

#### Independent Study

Students are expected to undertake personal research into topic areas that have been stimulated from the lectures and seminars.

#### VLE support

This will provide links to academic websites and on-line journals, facilitate group discussion outside of the classroom, access to outline lecture notes and provide students with assessment details.

#### **Notes**

None