

## **Module Proforma**

**Approved, 2022.03** 

# **Summary Information**

Module Code	6505CPSY
Formal Module Title	Working with Trauma
Owning School	Nursing and Allied Health
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 6
Grading Schema	40

## **Module Contacts**

#### **Module Leader**

Contact Name	Applies to all offerings	Offerings
Julie Connolly	Yes	N/A

#### **Module Team Member**

Contact Name Applies to all offerings Offerings	
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#### **Partner Module Team**

Contact Name	Applies to all offerings	Offerings
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# **Teaching Responsibility**

LJMU Schools involved in Delivery
LJMU Partner Taught

## **Partner Teaching Institution**

#### **Institution Name**

Nelson and Colne College Group

## **Learning Methods**

Learning Method Type	Hours
Lecture	45

### Module Offering(s)

Offering Code	Location	Start Month	Duration
JAN-PAR	PAR	January	12 Weeks
SEP-PAR	PAR	September	12 Weeks

#### **Aims and Outcomes**

#### Aims

Counselling and psychotherapy courses need to equip trainee therapists to work with trauma and develop an understanding of the psychological disorders and symptoms including Post Traumatic Stress Disorder (PTSD), Complex PTSD, Borderline Personality Disorder (BPD), Dissociative Identity Disorder (DID). Without awareness and knowledge of trauma there is a potential risk that the therapeutic process could re-traumatise clients who have suffered trauma events. Trainee counsellors need to have an awareness of the assessments and treatments available for clients suffering from historical or current trauma.

#### **Learning Outcomes**

#### After completing the module the student should be able to:

Code	Description
MLO1	Understand through role play the emotional, psychological, behavioural and emotional effects of trauma
MLO2	Contextualise and critically analyse the experiences or events which are characterised by the term trauma.
MLO3	Critically discuss the emotional, psychological, behavioural and emotional effects of trauma
MLO4	Review and critically evaluate evidence based practice approaches and techniques that support clients suffering from trauma

#### **Module Content**

## **Outline Syllabus**

Dissociative identity disorder Experiences or events that are characterised with the term traumaManifestations of historical or current trauma Emotional, psychological, behavioural and emotional effects of traumaTheories, strategies and techniques to support clients suffering from traumatic eventsExamination of evidence based practice that supports clients suffering from trauma The role of assessment and treatments for clients presenting PTSD and trauma effectsFactors affecting the development of PTSDHistorical child abusePsychological trauma in contemporary societyRecognising the effects of working with trauma on the therapist.

#### **Module Overview**

Additional Information	
None	

#### **Assessments**

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Report	Role play	50	0	MLO1
Report	written report	50	0	MLO2, MLO3, MLO4