

Liverpool John Moores University

Title: Perspectives on Mental Health
 Status: Definitive
 Code: **6505STKHSC** (118497)
 Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
 Teaching School/Faculty: Stockport College

Team	Leader
Zoe Nangah	Y

Academic Level: FHEQ6
Credit Value: 24.00
Total Delivered Hours: 66.00
Total Learning Hours: 240
Private Study: 174

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	45.000
Seminar	9.000
Tutorial	12.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Reflection	Case Study	Case study- Students will use a Case study (selected or self-written) to critically reflect upon the factors affecting mental health and to critically evaluate perspectives on mental health in relation to the causes and possible treatment options in relation to the case study. 3,000 words.	60.0	
Essay	Essay	Essay- Students will write a 2,000 word essay discussing mental health diagnoses and the continuum of mental health	40.0	

Aims

To develop an understanding of the factors affecting mental health and the varied definitions/diagnoses of mental health including mild, moderate and severe mental health diagnoses.

To consider the mental health perspectives, ranging from medical, social, environmental, cultural and psychological in relation to the perceived causes and treatment options offered to provide care for people with mental health issues across the spectrum.

Learning Outcomes

After completing the module the student should be able to:

- LO1 Critically reflect upon the factors affecting mental health
- LO2 Be able to discuss the different mental health diagnoses and the continuum of mental health
- LO3 Critically evaluate perspectives on mental health (humanistic, psychodynamic, cognitive-behavioural, developmental, medical, social and cultural views.) in relation to the causes and the specified treatments

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Case Study	LO 1	LO 3
Essay	LO 2	

Outline Syllabus

Perspectives on mental health humanistic, psychodynamic, cognitive behavioural, social, medical, developmental and cultural. Mental health provisions and care in relation to perspectives, policies and current provisions. The numerous factors affecting mental health. Diagnoses of mental health conditions and the different levels: mild, moderate and severe. Defining the concept of mental health and the use of a continuum.

Learning Activities

Lectures and seminars which explore and analyse a mental health continuum, case study presentations around different scenarios within this framework, consideration of mild, moderate and severe mental health issues and diagnoses.

Seminars which explore perspectives on mental health diagram and practitioners in relation to these perspectives-workshops and discussions

References

Course Material	Book
Author	Smith,C., and Crewdson, S.
Publishing Year	2007
Title	Mental Health.
Subtitle	
Edition	
Publisher	Independence
ISBN	

Course Material	Website
Author	
Publishing Year	
Title	Youngminds. http://www.youngminds.org.uk/
Subtitle	
Edition	
Publisher	
ISBN	

Course Material	Website
Author	
Publishing Year	
Title	Mental Health Foundation. http://www.mentalhealth.org.uk/
Subtitle	
Edition	
Publisher	
ISBN	

Course Material	Website
Author	
Publishing Year	
Title	Mind. http://www.mind.org.uk/
Subtitle	
Edition	
Publisher	
ISBN	

Course Material	Book
Author	Jackson, C
Publishing Year	2006
Title	Mental Health Today
Subtitle	
Edition	

Publisher	A Handbook
ISBN	

Course Material	Book
Author	Lester, H.
Publishing Year	2010
Title	Mental Health Policy and Practice
Subtitle	
Edition	
Publisher	Mental Health Policy and Practice
ISBN	

Course Material	Book
Author	Vostanis, P.
Publishing Year	2007
Title	Mental Health Interventions and Services for Vulnerable Children and Young People.
Subtitle	
Edition	
Publisher	Jessica Kingsley Publishers
ISBN	

Course Material	Book
Author	Watkins, T.
Publishing Year	1997
Title	Mental Health: Policy and Practice Today
Subtitle	
Edition	
Publisher	Sage.
ISBN	

Notes

Mental health policies nationally, locally and globally will be understood through undertaking this module, along with the perspectives to inform current practices and students will critically analyse these.