

### Summary Information

<b>Module Code</b>	6508SPOPID
<b>Formal Module Title</b>	Skill Acquisition 1
<b>Owning School</b>	Sport and Exercise Sciences
<b>Career</b>	Undergraduate
<b>Credits</b>	20
<b>Academic level</b>	FHEQ Level 6
<b>Grading Schema</b>	40

### Module Contacts

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Ceriann Magill	Yes	N/A

#### Module Team Member

Contact Name	Applies to all offerings	Offerings
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#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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### Teaching Responsibility

<b>LJMU Schools involved in Delivery</b>
LJMU Partner Taught

## Partner Teaching Institution

Institution Name
Portobello Institute

## Learning Methods

Learning Method Type	Hours
Lecture	10
Practical	20
Workshop	10

## Module Offering(s)

Offering Code	Location	Start Month	Duration
FEB-PAR	PAR	February	12 Weeks
JUN-PAR	PAR	June	12 Weeks
SEP-PAR	PAR	September	12 Weeks

## Aims and Outcomes

<b>Aims</b>	This module will introduce students to key concepts related to skill acquisition and motor development throughout childhood and adolescents. Students will develop their critical understanding of motor skill development and acquisition and apply this knowledge to core elements of the physical education curriculum delivery (e.g. gymnastics, dance, games and athletics). Students will critically appraise different motor skill development and acquisition theory and demonstrate practical proficiency in applying these theories to the lesson planning and delivery in gymnastics, dance, games and athletics.
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## Learning Outcomes

After completing the module the student should be able to:

Code	Description
MLO1	Critically evaluate key concepts of skill acquisition and stages of motor development
MLO2	Critically apply skill acquisition knowledge concepts in the design and delivery of gymnastics, dance, games, and athletics lessons.

## Module Content

### Outline Syllabus

Feedback Stages of motor development across childhood and adolescents Contextual interference Classification of skills Measuring skills Motor control theories Stages of learning Instruction Perceptual cognitive skills Demonstrate personal proficiency in the primary athletic disciplines of running, throwing and jumping, and invasion style games; Factors influencing skill learning for games fundamental athletic skills; Lesson progression in motor skill development within Educational Dance and gymnastic disciplines; Plan and deliver developmentally appropriate learning experiences within dance and gymnastics setting; Demonstrate skill in, and knowledge of, developmental stages of basic locomotor, non-locomotor and manipulative skills as they relate to Dance, Educational and Olympic gymnastics; Perform effectively, efficiently and aesthetically, selected skills associated with Educational and Olympic gymnastics & Dance. Teach sports hall games and athletics proficiently. Fundamental motor skill development through gymnastics Rhythm and sequencing through dance Locomotor skill development through athletics Fundamental motor skill development through games

### Module Overview

#### Additional Information

This is a semester 1 module.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Essay	Critical Literature review	50	0	MLO1
Portfolio	Lesson plan and pract delivery	50	0	MLO2