

Liverpool John Moores University

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Title: Dance Techniques 3
Status: Definitive
Code: **6510DAN** (118753)
Version Start Date: 01-08-2012

Owning School/Faculty: Liverpool Institute for Performing Arts
Teaching School/Faculty: Liverpool Institute for Performing Arts

Team	Leader
Sarah Baker	

Academic Level: FHEQ6
Credit Value: 36.00
Total Delivered Hours: 276.00
Total Learning Hours: 360
Private Study: 84

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Practical	276.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	Pres	Class Presentation	100.0	

Aims

The module aims to provide students with the opportunity to develop and refine professional level technical, creative and performance skills associated with Ballet, Contemporary, Jazz and Tap dance techniques. This class/workshop module is about preparing students, in an intense and focused way for professional practice post-graduation.

Learning Outcomes

After completing the module the student should be able to:

- LO1 Demonstrate highly advanced standards of technical control, presentation and artistry in Ballet, Contemporary, Jazz and Tap techniques.
- LO2 Demonstrate the ability to pick up complex movement phrases and perform them to a professional level of competency.
- LO3 Demonstrate adherence to dance class protocols and good practice.
- LO4 Incorporate essential issues relating to safe practice, body awareness and injury prevention whilst in class.
- LO5 Demonstrate a highly advanced ability to respond to the challenging technical demands of daily practice, responding to direction and constructive criticism in a mature and positive manner.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Class Presentation	LO	LO	LO	LO	LO
	1	2	3	4	5

Outline Syllabus

The module will explore and develop the following generic dance skills:

Warming up and cooling down processes

Safe practice and the healthy dancer

Extension, flexion and suppleness in the body

Control, strength and precision in movement

Placement, centering and alignment principles

Use of weight and space in relation to the tasks

Rhythm, timing, speed and dynamic range

Travelling steps

Expression and musicality

Movement and muscle memory

Observation and self-reflective skills honed through class sessions

Ballet Technique

Students will develop a clear understanding and application of:

Complex barre and advanced centre practice

A more sophisticated demonstration of the technique through performance

Students will be able to transfer all aspects of barre work to advanced centre practice

Complex batterie through enchainment and petite allegro practice

Presentation of various combinations of pirouettes and turns

Grand allegro with more advanced vocabulary

Jazz Technique-

Students will develop a clear understanding and application of:

*Increased physical range and maximum extension
Shading and movement subtleties
Narrative through performance
Individuality through performance
Highly advanced isolations, fast turns quick footwork
Intricate dynamics, rhythms and floor patterns*

Contemporary Technique

Students will develop a clear understanding and application of:

*Increased physical range and maximum extension
Curves, tilts, spiral, contraction and release based work
Embodiment of the multiple technical styles
Individual style and dynamic choices within combination work
Adapt to speed changes, shifts and various dynamics and tempo*

Tap Technique-

Students will develop a clear understanding and application of:

*Articulation of the feet and clarity of sound through complex combinations
Highly complex rhythms and dynamics
Performance and coordination of upper and lower body appropriate for various tap dance technique styles
Individuality through performance*

Learning Activities

Practical workshops and classes

References

Course Material	Book
Author	Au, S & Cohen, S
Publishing Year	2002
Title	Ballet and Modern Dance
Subtitle	
Edition	
Publisher	Thames and Hudson
ISBN	

Course Material	Book
Author	Kraines, M & Pryor, E
Publishing Year	2000
Title	Jump into Jazz
Subtitle	The Basics and Beyond for Jazz Dance
Edition	
Publisher	McGraw Hill
ISBN	

Course Material	Book
Author	Adshead, J
Publishing Year	1998
Title	Dance analysis, theory and practice
Subtitle	
Edition	
Publisher	Thames and Hudson
ISBN	

Course Material	Book
Author	Copeland, R
Publishing Year	2004
Title	Merce Cunningham and the Modernizing of Modern Dance
Subtitle	
Edition	
Publisher	Routledge
ISBN	

Course Material	Book
Author	Thomas, H
Publishing Year	2003
Title	The body, dance and cultural theory
Subtitle	
Edition	
Publisher	Palgrave
ISBN	

Course Material	Book
Author	Banes, S
Publishing Year	1986
Title	Terpsichore in sneakers: Postmodern Dance
Subtitle	
Edition	
Publisher	Houghton Mifflin Co
ISBN	

Notes

The module will be delivered through daily classes running across the majority of the year. These classes will be formally taught sessions where specific techniques will be explored, developed or refined. Direct and specific individual feedback and instruction will be given to students throughout the duration of the module. Students will be expected to demonstrate understanding of their own physical bodies in relationship to each dance technique.