

Liverpool John Moores University

Title: IMPACT OF TRAUMA
Status: Definitive
Code: **7000CPCOMM** (106789)
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

| Team | Leader |
|------------|--------|
| Anne Smith | Y |

Academic Level: FHEQ7
Credit Value: 20.00
Total Delivered Hours: 24.00
Total Learning Hours: 200
Private Study: 176

Delivery Options

Course typically offered: Semester 1

| Component | Contact Hours |
|-----------|---------------|
| Lecture | 12.000 |
| Seminar | 5.000 |
| Tutorial | 2.000 |
| Workshop | 5.000 |

Grading Basis: 40 %

Assessment Details

| Category | Short Description | Description | Weighting (%) | Exam Duration |
|------------|-------------------|--|---------------|---------------|
| Reflection | AS1 | A reflective statement of up to 3000 words which describes a cyclical model of Reflection - Evaluation - Application, informed by inter-professional, generative learning processes. | 100.0 | |

Aims

To master the complex and diverse material associated with traumatic death and major loss, taking account of neurobiological functioning and trauma related theory.

To foster a collaborative philosophy within the student cohort to promote individualised client centred care in concordance with cultural diversities.

Learning Outcomes

After completing the module the student should be able to:

- 1 Disseminate information, critical understanding and the implications of trauma related material to the professional work setting
- 2 Critically debate and argue the potential impact of trauma related events upon individuals, taking account of differences in personality style and levels of psychological and emotional well being
- 3 Foster effective liaison and networking with other professional groups to facilitate and implement inter-professional collaboration
- 4 Critically evaluate theory and evidence based research to conceptualise initiatives pertinent to professional practice

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Reflective case study 1 2 3 4

Outline Syllabus

Neuroscience: neurobiological, psychological and emotional responses to traumatic events

Trauma symptoms and diagnostic criteria for Post Traumatic Stress Disorder (PTSD) with reference to the international clinical diagnostic manuals (ICD-10 and DSM IV TR) and Complex PTSD (not yet recognised by ICD-10 and DSM IV TR)

Secondary trauma and strategies to manage vicarious traumatisation of designated 'helper'

Compassion Fatigue: identification, management and techniques to detoxify the cumulative impact of working with trauma

Case studies - evidence-based practice

Learning Activities

This module will be delivered using lectures, seminars and interactive learning and group discussion of research papers, audio-visual materials and case studies.

References

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|------------------------|---|
| Course Material | Book |
| Author | Bracken,P. |
| Publishing Year | 2002 |
| Title | Trauma: culture, meaning and philosophy |

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|------------------|-------|
| Subtitle | |
| Edition | |
| Publisher | Whurr |
| ISBN | |

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|------------------------|---|
| Course Material | Book |
| Author | Drozdek,B.,Wilson,J.P. (eds.) |
| Publishing Year | 2007 |
| Title | Voices of trauma: treating psychological trauma across cultures |
| Subtitle | |
| Edition | |
| Publisher | New York; London: Springer |
| ISBN | |

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|------------------------|------------------|
| Course Material | Book |
| Author | Gerhardt,S. |
| Publishing Year | 2004 |
| Title | Why love matters |
| Subtitle | |
| Edition | |
| Publisher | Routledge |
| ISBN | |

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|------------------------|--|
| Course Material | Book |
| Author | Harvey, J.H. |
| Publishing Year | 2000 |
| Title | Give sorrow words: perspectives on loss and trauma |
| Subtitle | |
| Edition | |
| Publisher | Brunner - Routledge |
| ISBN | |

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|------------------------|----------------------------------|
| Course Material | Book |
| Author | Johnson, S.M. |
| Publishing Year | 1994 |
| Title | Character Styles |
| Subtitle | |
| Edition | |
| Publisher | WW Norton & Co. New York; London |
| ISBN | |

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|------------------------|--|
| Course Material | Book |
| Author | Horowitz, M.J. |
| Publishing Year | 1997 |
| Title | Stress response syndromes:PTSD, grief and adjustment disorders |

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|------------------|---------------|
| Subtitle | |
| Edition | 3rd edition |
| Publisher | Jason Aronson |
| ISBN | |

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|------------------------|--|
| Course Material | Book |
| Author | Scott, M.J., Stradling, S.G. |
| Publishing Year | 2006 |
| Title | Counselling for Post Traumatic Stress Disorder |
| Subtitle | |
| Edition | |
| Publisher | London: Sage |
| ISBN | |

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|------------------------|--|
| Course Material | Book |
| Author | Van der Kolk |
| Publishing Year | 1996 |
| Title | Traumatic stress: the effects of overwhelming experience on mind, body and society |
| Subtitle | |
| Edition | |
| Publisher | Guilford Press |
| ISBN | |

Notes

Materials and discussions will contribute to the formulation of the reflective statement at the end of this module.