

## Liverpool John Moores University

Title: Developing Reflective Adult Nursing Practice  
Status: Definitive  
Code: **7001NMSCAD** (118343)  
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Jackie Davenport	Y
Laura Kinsey	

**Academic Level:** FHEQ7  
**Credit Value:** 30.00  
**Total Delivered Hours:** 60.00  
**Total Learning Hours:** 300  
**Private Study:** 240

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	22.000
Off Site	16.000
Seminar	17.000
Tutorial	5.000

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Reflection	Reflection	The module also provides the foundation for the development of LJMU WoW skills.	100.0	

Competency	Practice
------------	----------

### Aims

*To build upon the student's knowledge of underpinning theory in relation to clinical*

*skills and delivery of nursing skills in an increasingly autonomous manner.  
 To develop the students ability to critically reflect on evidence based practice.  
 To enable the student to enhance their personal and professional development.  
 To provide the student with critical insights into inter-professional care and collaboration.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Critique research methods and methodologies within health and social care
- 2 Identify and analyse the roles of a broad range of professionals and non professionals that provide health and welfare services
- 3 Critically reflect upon the relationship between research based evidence and personal and professional development
- 4 Evaluate how the structure of organisations impact upon health and social care
- 5 Safely achieve all the practice based learning competencies required by the second progression point.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Critical Reflection	1	2	3	4
Practice				5

## **Outline Syllabus**

*Professional codes, ethics, law and humanities in relation to the module syllabus  
 Clinical observation, assessment and critical thinking  
 Decision making , Working with others , Service user engagement  
 Best practice, Healthcare technology, Nursing process .  
 First aid and incident management including reference to dealing with mental health and emergency situations, paediatric emergencies, febrile child, airway management, therapies Communication and healthcare informatics  
 Communication compassion and dignity and emotional support .  
 Medicines management.  
 Equity, diversity, inclusiveness and rights, Identity appearance and self-worth.  
 Autonomy, independence and self-care  
 Maintaining a safe environment with moving and positioning  
 Activities of Daily Living: Eating, drinking, nutrition and hygiene, Comfort and sleep, pain management  
 Nutritional disorders including obesity (child and adult)  
 Continence promotion – bladder and bowel  
 Skin health / wound management  
 Infection prevention and control. Pregnancy & Maternity care (EU Directive)  
 Research methods and use of evidence  
 Research governance*

*Inter-professional care*  
*Collaboration & teamwork*  
*Organisational structures and awareness*  
*Leadership and management systems and processes*  
*Promoting best practice*  
*personal development, PDP,*  
*Graduate skills transferability – WOW, Numeracy, Study skills.*

## Learning Activities

Practised based activities on clinical placement supervised by a mentor  
 Key note Lectures  
 Skills simulation  
 Workshops including role play and scenario based learning  
 Interactive web based activities

## References

<b>Course Material</b>	Book
<b>Author</b>	Childs, Coles and Marjoram
<b>Publishing Year</b>	2009
<b>Title</b>	Essential Skills Clusters for Nurses: theory for practice.
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Wiley Blackwell
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Polit, D. F. and Beck C. T.
<b>Publishing Year</b>	2010
<b>Title</b>	Nursing Research
<b>Subtitle</b>	Appraising Evidence for Nursing Practice
<b>Edition</b>	7th
<b>Publisher</b>	Lippincott, Williams and Williams.
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Moon, J.
<b>Publishing Year</b>	2005
<b>Title</b>	A Handbook of Reflective and Experiential Learning
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Routledge Falmer
<b>ISBN</b>	

## Notes

Formative skills inventory supports practice learning.  
THE PRACTICE ACHIEVEMENT RECORD IS A PASS/FAIL ELEMENT OF THIS  
MODULE SUPPORTED BY THE CRITICAL REFLECTION OF EVIDENCE BASED  
PRACTICE. This will assess the 5th learning outcome "Safely achieve all the  
practice based learning competencies required by the second progression point."