

Concepts in Positive Psychology

Module Information

2022.01, Approved

Summary Information

Module Code	7001POSPSY
Formal Module Title	Concepts in Positive Psychology
Owning School	Psychology
Career	Postgraduate Taught
Credits	10
Academic level	FHEQ Level 7
Grading Schema	50

Teaching Responsibility

LJMU Schools involved in Delivery
Psychology

Learning Methods

Learning Method Type	Hours
Lecture	18
Online	8

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	12 Weeks

Aims and Outcomes

Aims	The module will provide a historical overview of positive psychology, particularly emphasising key philosophical, conceptual and theoretical positions and establish an appropriate framework for the in depth engagement with positive psychology in other modules.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Appraise the position of positive psychology within the wider context of psychological theory and practice
MLO2	2	Describe and critically evaluate key theoretical perspectives in positive psychology
MLO3	3	Critically evaluate main empirical approaches in positive psychology

Module Content

Outline Syllabus	The syllabus will cover key perspectives in positive psychology such as:- The emergence and development of the field of Positive Psychology- Hedonic and eudaimonic happiness- Wellbeing, life satisfaction, and flourishing- PERMA theory- Positive Psychology in applied contexts- Positive interventions- Newly emerging topics in Positive Psychology
Module Overview	This module provides a historical overview of positive psychology, emphasising key philosophical, conceptual and theoretical positions. It establishes an appropriate framework for the in-depth engagement with positive psychology in other modules.
Additional Information	The module will provide the conceptual framework specific to Positive Psychology.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Essay	Essay 1	30	0	MLO1, MLO2
Essay	Essay 2	70	0	MLO2, MLO3

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Peter Malinowski	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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