

## Liverpool John Moores University

Title: Sport Coaching Pedagogy and Practice  
Status: Definitive  
Code: **7002MCOACH** (120921)  
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Matthew Reeves	Y

**Academic Level:** FHEQ7      **Credit Value:** 20      **Total Delivered Hours:** 21  
**Total Learning Hours:** 200      **Private Study:** 179

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Online	15
Seminar	6

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	3,000 Word Equivalent	70	
Presentation	AS2	20 Minutes	30	

### Aims

*To develop a critical understanding of how you, as a coach, align to Sports Coach UKs "The Coach as..." guidelines. Examining professional, pedagogic and practical alignment whilst also evidencing critical understanding of athlete learning and development in your sport.*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Select and appraise resources and justify their use within the coaching process.
- 2 Critically examine relationships and methods for managing successful outcomes within the coaching process.
- 3 Critically reflect on coaching strategies

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

AS1	1	2
AS2	3	

### **Outline Syllabus**

*Learning theories*  
*Coaching pedagogy*  
*Instructional models/models-based practice*  
*Coaching styles*  
*Coach behaviours*

### **Learning Activities**

The module incorporates multi-disciplinary approaches that draws on contemporary literature and current issues surrounding coaching pedagogy and practice. The module critically examines the role of the coach and other stakeholders within the coaching process. There is exploration of the nature and structure of learning theories and environments. Students will have the opportunity to reflect upon their own coaching strategies and delivering skills and relate these to the relevant theories.

### **Notes**

To develop a critical understanding of how you, as a coach, align to Sports Coach UKs "The Coach as..." guidelines. Examining professional, pedagogic and practical alignment whilst also evidencing critical understanding of athlete learning and development in your sport.