# **Liverpool** John Moores University

Title: Deconstructing Mental Health Nursing

Status: Definitive

Code: **7003NMSCMH** (118349)

Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health Teaching School/Faculty: Nursing and Allied Health

Team	Leader
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Academic Credit Total

Level: FHEQ7 Value: 20.00 Delivered 60.00

**Hours:** 

Total Private

Learning 200 Study: 140

**Hours:** 

**Delivery Options** 

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	15.000
Online	15.000
Seminar	20.000
Tutorial	10.000

**Grading Basis:** 40 %

### **Assessment Details**

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	Scenario	This assessment will consist of 4 short scenario based presentations over the course of the module this will include values and evidence based interventions	50.0	
Essay	Essay	Anonymised case study based on a service user from the student's practice area. This assessment will enable the student to critique and reflect on	50.0	

Category	Short Description	Description	Weighting (%)	Exam Duration
		an professional, legal and ethical issue		

Competency	Pharmacy Based Caculation

#### **Aims**

To enable the student to analyse a mental health framework that values diversity and promotes recovery.

To enable the students to analyse the professional, legal and ethical issues that influence mental health nursing practice

# **Learning Outcomes**

After completing the module the student should be able to:

- Scrutinise the impact of historical, organisational, legal, ethical, economic and sociocultural environmental factors on mental health care delivery
- Explore the role of value based, multi-agency working in the delivery of effective mental health care
- 3 Critically examine approaches to challenging oppressive practices and stigmatisation in the context of personal and professional boundaries.
- 4 Critically analyse evidence-based psychological, psychosocial, pharmacological and health promotion interventions that support and value service user expertise and experience
- 5 Enable the student to evaluate a range of assessment theories, principles and models that inform collaborative and recovery orientated mental health nursing practice
- 6 Perform appropriate drug calculations for the delivery of care

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Scenario Presentation 2 3 4 5

Case Study 1 2 4 5

Pharmacy Based 6
Caculation

## **Outline Syllabus**

professional values

Values based care. Ethical challenges relating to people's choices and decision-making about their care. Challenging inequality, discrimination and

exclusion from access to care, that may arise from and or contribute to mental health problems. Assumptions and oppressions which surround different groups (e.g. ageism, racism, sexism, heterosexism, disability, people who misuse drugs / alcohol). Consider the input of personal values, beliefs and emotions impact on practice, and how own practice aligns with mental health legislation, policy and values-based frameworks. Evidence based practice. Historical context of mental health care. Legal, ethical and policy context specific to mental health care. Protection of vulnerable people,

including those with complex needs and across the lifespan. Power imbalances between professionals and people experiencing mental health problems. Promotion of mental health and wellbeing. Person-centred and recovery-focused practice.

### communication and interpersonal skills

Considering the impact of abuse and trauma on people's wellbeing and the development of mental health problems. Health promotion. Developing relationships with families, carers and other people important to the person experiencing mental health problems.

# nursing practice and decision making

Critical thinking and decision making. Analysing public health principles, priorities and practice. The needs of people, groups, communities and populations. The promotion of mental health for all and preventing mental health problems in at-risk groups. Recovery-focused approaches to care in situations that are potentially challenging. Service user involvement and therapeutic engagement, balancing the need for safety with positive risk-taking. Non-expert positions. Analysing the evidence base for bio psychosocial interventions. Evaluating care in relation to policy, legislation, EBP, physical health care. Values based legal and ethical frameworks. Awareness of ones own mental health and wellbeing. Common and complex

conditions, Classification, Symptomology, Bio psychosocial approaches. Collaborative practice

leadership, management and team working

Evaluate care to ensure findings influence and improve people's experience and care outcomes and to shape future services.

### **Learning Activities**

A range of learning activities will be used for module delivery including lectures, seminars, workshops, on-line learning, reflective practice, formative assessment, independent study.

scenario based work leading to formative and summative assessment.

### References

Course Material	Book
Author	Rogers, A. Pilgrim, D.
<b>Publishing Year</b>	2003

Title	Mental Health & Inequality
Subtitle	
Edition	
Publisher	Palgrave Macmillan
ISBN	

Course Material	Book
Author	Norman & Ryrie
Publishing Year	2010
Title	The Art and Science of Mental Health Nursing
Subtitle	
Edition	
Publisher	Open University Press
ISBN	

Course Material	Book
Author	Hart, C.
Publishing Year	2004
Title	Nurses & Politics:
Subtitle	the impact of power and practice
Edition	
Publisher	Palgrave Macmillan
ISBN	

Course Material	Book
Author	Pilgrim D
Publishing Year	2009
Title	Key Concepts in Mental Health
Subtitle	
Edition	
Publisher	Sage
ISBN	

Course Material	Book
Author	Department of Health
Publishing Year	2011
Title	No Health without Mental Health
Subtitle	
Edition	
Publisher	Department of Health
ISBN	

Course Material	Book
Author	Dimond, B
Publishing Year	2009
Title	Legal Aspects of Nursing
Subtitle	

Edition	
Publisher	Pearson Education
ISBN	

Course Material	Book
Author	Bracken, P.and Thomas, P.
Publishing Year	2005
Title	Postpsychiatry:
Subtitle	mental health in a postmodern world.
Edition	
Publisher	Oxford University Press.
ISBN	

Course Material	Book
Author	Cottrell, S.
Publishing Year	2005
Title	Critical Thinking Skills.
Subtitle	
Edition	
Publisher	Palgrave Macmillan
ISBN	

Course Material	Book
Author	Griffith, R. and Tengnah, C.
Publishing Year	2010
Title	Law and Professional Issues in Nursing.
Subtitle	
Edition	
Publisher	Learning Matters Ltd
ISBN	

Course Material	Book
Author	Fulwood, K.W.M., Thornton, T. and Grahame, G.
Publishing Year	2006
Title	Oxford Textbook of Philosophy and Psychiatry
Subtitle	
Edition	
Publisher	Oxford University Press.
ISBN	

Course Material	Book
Author	Hugman, R.
Publishing Year	2005
Title	New Approaches in Ethics for the Caring Professionals.
Subtitle	
Edition	
Publisher	Palgrave Macmillan.

ISBN	

#### **Notes**

Students will be expected to work at a range of strategies to assist them in building and sustaining relationships. This will include working together in groups within the University setting and taking theory learned to the practice area. The student will learn to put the service user at the centre of all individualised care and design and delver care aimed at the promotion of recovery and the reduction of stigma. This is a year long mental health field specific theory module. THE NUMERACY EXAM WILL BE A PASS/FAIL REQUIREMENT OF THE MODULE. This will assess the 6th learning outcome 'Perform appropriate drug calculations for the delivery of care' Students must achieve 80% to pass this exam.