

Liverpool John Moores University

Title: DEVELOPING SPORT AND PHYSICAL ACTIVITY
Status: Definitive
Code: **7004MSPDEV** (104394)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Sally Starkey	Y

Academic Level: FHEQ7
Credit Value: 20
Total Delivered Hours: 24
Total Learning Hours: 200
Private Study: 176

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	18
Online	2
Seminar	2
Tutorial	2

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Written assignment (5,000 words)	100	

Aims

Develop an understanding of the potential of sport development initiatives to contribute towards the UK health agenda.

Develop the ability to critically appraise the effectiveness of a sport development initiative to benefit health.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically evaluate sport development initiatives concerning the relevant health-related theoretical underpinning
- 2 Critically evaluate the potential impact of sport development initiatives relative to other local projects
- 3 Critically evaluate the potential impact of sport development initiatives relating to their placement in the national health agenda
- 4 Demonstrate critical understanding of local sport development initiatives

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Assignment	1	2	3	4
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Outline Syllabus

A critical review of health and physical activity.

Disease prevention and treatment using physical activity.

Identification and critical application of factors affecting individual lifelong physical activity adherence.

The critical impacts of physical activity policies and practices in schools, the community and the workplace.

Evaluation of health benefits in general and specific populations.

A critical appraisal of the conflicts between sport and health.

Learning Activities

The primary form of delivered learning will be through lectures, supplemented by expert visiting speakers on key subject areas. Additionally the module will use on-line discussion groups to facilitate off-campus student interaction. Tutorials will supplement individual understanding of specific issues.

Notes

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