

Liverpool John Moores University

Title: THEORY OF COUNSELLING AND PSYCHOTHERAPY
Status: Definitive
Code: **7005COCPSY** (100439)
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Anne Smith	Y

Academic Level: FHEQ7
Credit Value: 20.00
Total Delivered Hours: 55.00
Total Learning Hours: 200
Private Study: 145

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	30.000
Tutorial	1.000
Workshop	24.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Essay 5000 words	100.0	

Aims

To enable students to develop as professionally competent, reflective practitioners having acquired an in-depth critical understanding of counselling and psychotherapy theory and its application to a wide range of client issues and psychological distress.

Learning Outcomes

Publishing Year	2005
Title	Person-Centred Psychopathology
Subtitle	A Positive Psychology of Mental Health
Edition	
Publisher	PCCS Books
ISBN	

Course Material	Book
Author	Joseph, S. & Linley, A.
Publishing Year	2006
Title	Positive Therapy
Subtitle	A Meta-Theory for Positive Psychological Practice
Edition	
Publisher	Routledge
ISBN	

Course Material	Book
Author	Mearns, D. & Cooper, M.
Publishing Year	2005
Title	Working at Relational Depth in Counselling and Psychotherapy
Subtitle	
Edition	
Publisher	Sage Publications
ISBN	

Course Material	Book
Author	Milner, J. & O'Bryne, P.
Publishing Year	2004
Title	Assessment in Counselling
Subtitle	Theory, Process and Decision Making
Edition	
Publisher	Palgrave
ISBN	

Course Material	Book
Author	Roth, A & Fonagy, P. (eds)
Publishing Year	2005
Title	What Works for Whom?
Subtitle	A Critical Review of Psychotherapy Research
Edition	
Publisher	Guildford Press
ISBN	

Course Material	Book
Author	Cooper, M., McLeod, J.
Publishing Year	2011

Title	Pluralistic Counselling and Psychotherapy
Subtitle	
Edition	
Publisher	Sage Publications
ISBN	

Course Material	Book
Author	Cooper,M., Watson,J.C., Holldampf, D. (Eds.)
Publishing Year	2010
Title	Person-Centered and Experiential Therapies Work
Subtitle	A review of the research on counselling, psychotherapy and related practices.
Edition	
Publisher	PCCS Books
ISBN	

Course Material	Book
Author	McLeod, J.
Publishing Year	2010
Title	Case Study Research in Counselling and Psychotherapy.
Subtitle	
Edition	
Publisher	Sage Publications
ISBN	

Course Material	Book
Author	Tolan, J., Wilkins, P. (Eds.)
Publishing Year	2012
Title	Client Issues in Counselling and Psychotherapy
Subtitle	
Edition	
Publisher	Sage Publications
ISBN	

Course Material	Book
Author	Worsley, R., Joseph, S. (Eds.)
Publishing Year	2007
Title	Person-Centred Practice: Case Studies in Positive Psychology.
Subtitle	
Edition	
Publisher	PCCS Books
ISBN	

Notes

The central focus for this module is praxis: students' development of theory into practice to emerge as a theoretically grounded and professionally competent practitioner. As such, module content will link the importance of professional networks and support including: supervision and (the distinction between) line management; organizational working and clinical responsibility for client case load; relevance and influence of contemporary published research and outcomes. These will be considered in relation to inter-professional working, ethical and best professional practice.

There is a formative assessment opportunity in this module which will inform the summative assessment essay component. In semester one, the formative assessment will be a presentation to peers of a critique of a research paper.

This module will include philosophical and theoretical perspectives of research practice and methodology with emphasis upon the acquisition of the knowledge and skills required in order to conduct good, ethical research enquiries. The skill of 'research critique' will be promoted alongside critical thinking and developing a critical argument.

The module content, together with the formative and summative assessment, serve as a solid foundation for those students wishing to further their studies for the Masters Award in Counselling & Psychotherapy. This is a practitioner researcher masters programme designed to build upon and enhance professional competence as a qualified psychotherapy practitioner.