# Liverpool John Moores University

Title:	DEVELOPING SUPERVISION
Status:	Definitive
Code:	<b>7010COCPSY</b> (100444)
Version Start Date:	01-08-2014
Owning School/Faculty:	Nursing and Allied Health
Teaching School/Faculty:	Nursing and Allied Health

Team	Leader
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Academic Level:	FHEQ7	Credit Value:	30.00	Total Delivered Hours:	54.00
Total Learning Hours:	300	Private Study:	246		

### **Delivery Options**

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	24.000
Seminar	14.000
Tutorial	1.000
Workshop	15.000

# Grading Basis: 40 %

#### **Assessment Details**

Category	Short	Description	Weighting	Exam
	Description		(%)	Duration
Essay	AS1	Coursework: Assignment (3500 words)	50.0	
Essay	AS2	Coursework: Ethical and Legal Analysis (3500 Words)	50.0	

### Aims

1. To develop the ability to compare and evaluate different theories and models of supervision and to critically analyse current research-based evidence relating to

supervision.

2. To achieve competency in anti-oppressive, reflective, ethical and professional supervision.

## Learning Outcomes

After completing the module the student should be able to:

- 1 Critically evaluate current models of supervision in the light of research evidence
- 2 Critically examine and augment personal and professional awareness of the impact of cultural differences upon supervisory relationships
- 3 Master knowledge and understanding of the legal and organisational responsibilities of the supervisor and supervisee in varied contexts.
- 4 Master professional judgement in critically reflecting on negotiating the roles, boundaries and responsibilities of practitioners, supervisors, managers and other stakeholders
- 5 Master the complexity of ethical issues, principles and practice in supervision with reference to the BACP ethical practice.

### Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Assignment	1	2	3	5
Analysis	2	3	4	5

# **Outline Syllabus**

· Purposes and tasks of supervision according to different theoretical models.

 Rationale for variations in supervision practice, taking into account, for example: Theoretical base
Organisational context
Supervisee experience
Cultural context

• The dynamics of a supervisory relationship. Parallel process. Power and boundaries: - Management and organisational influences.

• Supervisor skills, including: Establishing a contract Balancing challenge and support Establishing a framework for reflection upon practice. Helping staff to recognise and avoid potential burnout.

• Application of and implications of the BACP Code of Ethics and Practice for Supervisors and other applicable Codes.

· Role and responsibilities of a supervisor differentiated from other roles such as manager.

# **Learning Activities**

Tutors acknowledge that students are themselves experienced practitioners and will draw upon this practice experience throughout the module.

Learning methods will be varied according to the content of the session. They will include, for example, short presentations, discussion and debate to elucidate theoretical matters and role play and case study methods to examine practice issues.

#### References

Course Material	Book
Author	Bond, T & Sandu, A.
Publishing Year	2005
Title	Therapists in Court
Subtitle	
Edition	
Publisher	Sage Publications
ISBN	

Course Material	Book
Author	Proctor, B & Inskipp, F.
Publishing Year	1995
Title	The Art, Craft and Tasks of Supervision (Parts 1 & 2)
Subtitle	
Edition	
Publisher	Cascade Publications
ISBN	

Course Material	Book
Author	Proctor, B.
Publishing Year	2000
Title	Group Supervision
Subtitle	
Edition	
Publisher	Sage Publications
ISBN	

Course Material	Book
Author	Wheeler, S. & King, D.
Publishing Year	2001
Title	Supervising Counsellors
Subtitle	Issues of Responsibility

Edition	
Publisher	Sage Publications
ISBN	

#### Notes

Supervision as complementary to other management and quality enhancement activities is a mandatory activity in professions such as counselling and psychotherapy and is growing in importance in others such as nursing and social work. This module focuses upon the purposes and tasks of supervision, different models of supervision and the theory and research base for practice.