

Liverpool John Moores University

Title: COUNSELLING practice; developing expertise
Status: Definitive
Code: **7020COCPSY** (121093)
Version Start Date: 01-08-2016

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Wendy Traynor	Y

Academic Level: FHEQ7 **Credit Value:** 20 **Total Delivered Hours:** 60
Total Learning Hours: 200 **Private Study:** 140

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	14
Seminar	35
Tutorial	1
Workshop	10

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Full transcript of and 20 minute continuous recorded extract from a live client session which must be at the agreed level of competence or above, before the student may proceed to complete the accompanying written critique of the submitted recorded extract (3500 words)	100	

Competency	Practice
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Aims

To achieve the effective synthesis of cognition, affect and behaviour required to practice as a person-centred counsellor/psychotherapist.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate mastery of the 3 counsellor conditions at the agreed level of competence.
- 2 Critically reflect on the totality of the therapeutic relationship with an individual client, referencing the 6 necessary and sufficient conditions for personality change and the 7 stages of client process
- 3 Reflect on the impact of professional and contextual issues on a specific therapeutic relationship
- 4 Critically reflect on the impact of their own process and personal material on the interpersonal, relational encounter

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

written critique, transcript,	1	2	3	4
Practice	1	2	3	4

Outline Syllabus

Developing person-centred counselling skills in practice

Meta-communication

Embodiment and the inter-relatedness of psychological and physical symptoms

Working with specific client issues, e.g.; trauma, loss and bereavement, depression, anxiety

Client assessment

Evaluating therapy

Conceptualising client issues

Professional practice: E.G. Contracting, Case load management, Managing endings with clients.

Prescribed medication and its effects, including impact on the therapeutic process

Learning Activities

Students will find their own placement within a statutory or voluntary sector organization at which they will see individual clients for weekly, one to one, face to face counselling sessions of 50-60 minutes duration. They will arrange and attend individual supervision meeting BACP and course requirements for trainee

counselors. Students will inform themselves of all relevant protocols and procedures relating to client work operant at their placement(s) and take individual responsibility for working within BACP Ethical Framework.

Students will engage with the work of the organization in offering adequately supervised counselling to clients. Students will bring to small Tutor facilitated learning groups audio recordings of their work with clients for discussion, formative feedback and evaluation. The tutor will identify learning needs through listening to recordings of actual client work and the ensuing discussion. Attention will be paid to the totality of the therapeutic relationship as well as the processes of communication and meta-communication.

Additionally students attend workshops focused on specific client issues and complex counselling skills

Notes

This module is the main forum for the synthesis and application of learning undertaken in professional practice and in other modules. Ongoing formative assessment will be provided by peers and tutors, as students are expected to bring tapes of their client work to the group sessions. Additionally students have the opportunity to submit a process report for structured formative feedback in a tutorial.

This module cannot be successfully completed without the submission of a completed practice portfolio.

Students are also required to provide the following factual evidence from their work placement and supervisor for verification by JMU staff. This part of the assessment is marked as pass/fail. The evidence should be presented in a portfolio which will additionally be peer assessed and needs to include:

A complete log of contracted client hours, demonstrating a minimum of 100 client contact hours. This should include the range of clients seen by the student (i.e. age, ethnicity, gender, client group, etc), and the setting (Voluntary sector, Education sector, NHS, etc), and whether the ending was planned or unplanned.

A completed summary of the practice log

A complete supervision log

Provide a signed copy of supervision and placement contract(s) including the supervisor details forms for each supervisor

Provide a signed copy of the formative (50 hours practice) and summative (end of placement) supervisor's report on the agreed pro forma together with any additional supervision reports

A signed self statement confirming that they have attended and engaged with a

minimum of 12 personal therapy sessions

A completed peer assessed portfolio checklist form