

Module Information

2022.01, Approved

Summary Information

Module Code	7025COCPY
Formal Module Title	Person-Centred-Experiential Theory
Owning School	Psychology
Career	Postgraduate Taught
Credits	20
Academic level	FHEQ Level 7
Grading Schema	50

Teaching Responsibility

LJMU Schools involved in Delivery
Psychology

Learning Methods

Learning Method Type	Hours
Lecture	25
Workshop	25

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	28 Weeks

Aims and Outcomes

Aims	To demonstrate a critical knowledge base of contemporary person-centred-experiential theory, locating its development in historical context.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Critique the main features of Carl Rogers' personality theory.
MLO2	2	Master both the theoretical and philosophical concepts underpinning the 6 necessary and sufficient conditions of therapeutic personality change.
MLO3	3	Critically evaluate the person-centred and experiential philosophies that inform counselling and psychotherapy practice.
MLO4	4	Demonstrate an in-depth understanding of the commonalities and distinctions within contemporary person-centred-experiential theory and practice.

Module Content

Outline Syllabus	<ul style="list-style-type: none"> • History of psychotherapy 1850-1950 • Carl Rogers in his time • Development of Carl Rogers personality theory • Organismic psychology • The actualizing tendency, self-concept & locus of evaluation • Conditions of worth and social influences • Personality Theory: The nineteen propositions • Distortion, denial, subception • The Therapeutic Relationship: The 6 necessary and sufficient therapeutic conditions • Working with Process- including 7 Stages of process • 21st century debates and developments in person-centred-experiential /humanistic counselling • Focussing: the work of Gendlin • Emotion Focused Therapy: Greenberg et al • Pre-Therapy: Prouty • Fragile process: Warner • Configurations of self: Mearns • Pluralism
Module Overview	<p>This module aims to demonstrate a critical knowledge of contemporary person-centred-experiential theory, locating its development in an historical context. It focuses on the work of Carl Rogers in the history and development of counselling and psychotherapy. You will examine contemporary debates and developments in person-centred-experiential theory including how they have influenced practice, so that you can articulate your own therapeutic style.</p>
Additional Information	<p>This module will locate the importance of Carl Rogers' work in the history and development of counselling and psychotherapy. Close attention will be paid not only to his better known work on the therapeutic conditions, but also on his writings on personality theory, and the nature of the organism. Contemporary debates and developments in person-centred-experiential theory will be examined, so that students can articulate their own therapeutic style within a contemporary or historical formulation. Students will be encouraged to work collaboratively to develop their understanding of key concepts; and to embed their learning into their skills practice in Person-Centred Experiential Counselling Competency module (7024COCPsy). The teaching on the following will be structurally linked to skill based sessions</p> <ul style="list-style-type: none"> • 6 therapeutic conditions • The actualising tendency • Stages of process • Pre-Therapy • Emotion Focused Therapy • Focus-Orientated Therapy <p>To pass this module, students have to pass both assignments.</p>

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Essay	Coursework 1	50	0	MLO1, MLO2
Essay	Coursework 2	50	0	MLO3, MLO4

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings

Peter Blundell	Yes	N/A
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Partner Module Team

Contact Name	Applies to all offerings	Offerings
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