

## Liverpool John Moores University

Title: ETHICAL PRACTICE IN COUNSELLING AND PSYCHOTHERAPY  
Status: Definitive  
Code: **7027COCPSY** (122501)  
Version Start Date: 01-08-2021  
Owning School/Faculty: Psychology  
Teaching School/Faculty: Psychology

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**Academic Level:** FHEQ7      **Credit Value:** 10      **Total Delivered Hours:** 14  
**Total Learning Hours:** 100      **Private Study:** 86

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	8
Seminar	6

**Grading Basis:** 50 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Students will provide a 2500 word critique of a case study to highlight the ethical, legal and best practice dilemmas contained in the described practice. Students cannot progress to Year 2 unless they have passed all Year 1 modules. Students can be considered for FMA's at the end of Year 1.	100	

## **Aims**

*To critically evaluate current counselling and psychotherapy practice as an ethical professional enterprise*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Master ethical principles relevant to contemporary culturally sensitive counselling and psychotherapy practice
- 2 Critically evaluate the role and nature of supervision for trainee counsellors on placement on the course in relation to counselling and psychotherapy's ethical framework(s) (BACP, NCS etc).
- 3 Synthesise their own approach to ethical professional practice.
- 4 Reflect on the role of a counsellor in a multi-professional setting, including issues of boundaries, communication, confidentiality, and contracting

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Critique of a case study	1	2	3	4
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## **Outline Syllabus**

- *BACP Ethical Framework for the Counselling Professions*
- *Counselling and psychotherapy as an ethical profession (including Intersectionality and awareness of Memorandum of Understanding)*
- *A model framework for ethical decision making.*
- *The concept and limitations of confidentiality as currently operational in counselling and psychotherapy practice (including GDPR)*
- *The legal parameters of the profession of counselling and psychotherapy in statutory and voluntary settings*
- *Placement preparation and use of supervision*
- *The role of a counsellor in a multi-professional team and related inter-professional issues*

## **Learning Activities**

Lectures will outline the core knowledge on particular topics. Students will spend time in small groups examining case studies and using role-play to explore ethical dilemmas through differing intersectional lenses.

## **Notes**

This module aims to prepare students for their placement practice by emphasizing the professional and ethical issues that may be encountered and must be considered. The BACP Ethical framework will be examined as the professional standards to which they are expected to adhere. There will be information on how to negotiate a placement, and preparing to work with a supervisor. In conjunction with the theory and development modules there will be an emphasis on reflective and culturally competent practice