

Module Information

2022.01, Approved

Summary Information

Module Code	7029COCPSY
Formal Module Title	Counselling practice; developing expertise
Owning School	Psychology
Career	Postgraduate Taught
Credits	20
Academic level	FHEQ Level 7
Grading Schema	50

Teaching Responsibility

LJMU Schools involved in Delivery
Psychology

Learning Methods

Learning Method Type	Hours
Lecture	14
Seminar	35
Tutorial	1
Workshop	10

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	28 Weeks

Aims and Outcomes

Aims	To achieve the effective synthesis of cognition, affect and behaviour required to practice as an ethical person-centred-experiential counsellor/psychotherapist.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Demonstrate mastery of counselling competence reaching an overall average of 4 or above on the PCEP rating scale.
MLO2	2	Critically reflect on the totality of the therapeutic relationship with an individual client, referencing the 6 necessary and sufficient conditions for personality change, and the 7 stages of client process. Other PCE concepts such as the actualising tendency, conditions of worth, and locus of evaluation may be included if appropriate
MLO3	3	Interrogate the impact of professional and contextual issues on a specific therapeutic relationship.
MLO4	4	Critically reflect on the impact of their own process on the interpersonal, relational encounter.
MLO5	5	Evidence that you have incorporated feedback from peers and tutor in your skills critique.

Module Content

Outline Syllabus	Developing person-centred-experiential counselling skills in practice Meta-communication Intersectionality, Power, Prejudice and Identity Embodiment and the inter-relatedness of psychological and physical symptoms Working with specific client issues including, trauma, loss and bereavement, depression, anxiety, sleep Person-Centred Experiential formulation and client assessment Evaluating therapy including use of Routine Outcome Measures. Conceptualising client issues Professional practice: e.g. Contracting, Caseload management, Managing endings with clients, GDPR Prescribed medication and its effects, including impact on the therapeutic process
Module Overview	
Additional Information	This module is the main forum for the synthesis and application of learning undertaken by students both in professional practice, and in other modules. Ongoing formative assessment, feedback and feedforward, will be provided by peers and tutors, as students are expected to bring at least three recordings of their client work to the group sessions. Additionally students have the opportunity to submit a process report for structured formative feedback in a tutorial. This module cannot be successfully completed without the submission of a completed practice portfolio (including a log of a minimum of 100 1-2-1 supervised client hours, log of issues brought to both skills and supervision, 50-hour and 100-hour supervision reports and confirmation of personal therapy) Students are able to work with up to 6 clients a week. Students are limited to 4 clients in any one day. The programme requires student counsellors to have fortnightly supervision. Students working with up to 4 clients per week require 60 minutes of supervision fortnightly. Students with 5 or 6 clients should have 90 minutes of supervision per fortnight. Students are also required to provide the following factual evidence from their work placement and supervisor for verification by JMU staff. This part of the assessment is marked as pass/fail. The evidence should be presented in a portfolio which will additionally be peer assessed and needs to include: A complete log of contracted client hours, demonstrating a minimum of 100 client contact hours. This should include the range of clients seen by the student (i.e. age, ethnicity, gender, client group, etc), and the setting (Voluntary sector, Education sector, NHS, etc), and whether the ending was planned or unplanned. A completed summary of the practice log A complete supervision log Provide a signed copy of supervision and placement contract(s) including the supervisor details forms for each supervisor Provide a signed copy of the formative (50 hours practice) and summative (end of placement) supervisor's report on the agreed pro forma together with any additional supervision reports A signed statement confirming that they have attended and engaged with a minimum of 12 personal therapy sessions from their personal counsellor(s) A completed portfolio checklist form.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Competency	Health Practice			MLO1, MLO2, MLO3, MLO4, MLO5
Portfolio	skills presentation =>PCEPS 4	50	0	MLO1
Centralised Exam	written critique, transcript	50	0	MLO2, MLO3, MLO4, MLO5

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Lesley Dougan	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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