

**Module Information**

2022.01, Approved

**Summary Information**

Module Code	7030COCPSY
Formal Module Title	Personal Development: Self in Relationship
Owning School	Psychology
Career	Postgraduate Taught
Credits	10
Academic level	FHEQ Level 7
Grading Schema	50

**Teaching Responsibility**

LJMU Schools involved in Delivery
Psychology

**Learning Methods**

Learning Method Type	Hours
Seminar	52
Workshop	10

**Module Offering(s)**

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	28 Weeks

**Aims and Outcomes**

Aims	To critically examine the intrapersonal and interpersonal impact on self and others and how this informs the counselling relationship.
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**After completing the module the student should be able to:**

## Learning Outcomes

Code	Number	Description
MLO1	1	Demonstrate an understanding of self - by articulating how you impact upon the social and emotional environment, taking account of any prejudices and non verbal communication.
MLO2	2	Demonstrate capacity to offer and communicate empathy and Unconditional Positive Regard to others in the group, as well as evidence an ability to be congruent with other group members
MLO3	3	Evidence the capacity to differentiate between own and others' experience
MLO4	4	Articulate how your experiences within your Personal Development group have impacted on your ability to develop your therapeutic relationships with clients
MLO5	5	Demonstrate a consistent commitment to your Personal Development group and group process, including ongoing experimentation with self

## Module Content

Outline Syllabus	<p>As with Person-Centred Experiential counselling itself, there is no set content for the group. The group is experiential in nature and challenges you as a participant in the group to be fully present and capable of bringing into awareness and accurately symbolising aspects of your immediate experience. The group facilitator will establish an appropriate balance of support and challenge in order for you to be able to:</p> <ul style="list-style-type: none"> <li>• Consider how your way of being impacts on others</li> <li>• Become aware of patterns of interpersonal relating in the group</li> <li>• Give and receive feedback on your and others' interpersonal communication</li> <li>• Articulate the intrapersonal impact of being a member of the Personal Development group</li> <li>• Demonstrate your commitment to the group and its process</li> </ul>
Module Overview	<p>This module aims to develop your knowledge of strategic real estate management theory and examine its practical application. You will also analyse operational real estate management strategies and their impact on overall performance. It:</p> <p>provides you with an understanding of the application of key management and business strategies to real estate investment</p> <p>develops your knowledge of commercial, corporate and residential real estate management objectives, policies and strategy formulation</p>
Additional Information	<p>Emphasis on Personal Development (PD) in Year 2 is placed upon an in-depth understanding and awareness of how the self impacts upon others. Therefore you will need to learn to experience how you are perceived by the PD tutor and peer group members. To facilitate this, you will need to be open to self exploration and inquiry, both within the group context and self reflection outside of the group. In your feedback to other group members, your particular focus will be on the Learning Outcomes. To facilitate this and to contribute to the ongoing personal development of others, you will need to articulate your perception and experience of individual group members in a genuine and congruent manner with Unconditional Positive Regard. The whole day workshop provides an opportunity for you to work in a student community setting as a whole programme group together. The focus is on the phenomena arising from power, prejudice, and oppression in society, and the impact of these on the counselling relationship. Two key themes for the workshop will be delivered on alternate years to cover aspects of self in relation to your own intersectional identity and the development of appropriately sensitive and culturally competent counselling practice.</p>

## Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping

Presentation	Evaluative statement	100	0	MLO1, MLO2, MLO3, MLO4, MLO5
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## Module Contacts

### Module Leader

Contact Name	Applies to all offerings	Offerings
Peter Blundell	Yes	N/A

### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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