

## Liverpool John Moores University

Title: ETHICAL PRACTITIONER RESEARCH IN COUNSELLING AND PSYCHOTHERAPY  
Status: Definitive  
Code: **7031COCPSY** (122505)  
Version Start Date: 01-08-2021  
Owning School/Faculty: Psychology  
Teaching School/Faculty: Psychology

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**Academic Level:** FHEQ7      **Credit Value:** 10      **Total Delivered Hours:** 25  
**Total Learning Hours:** 100      **Private Study:** 75

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	10
Seminar	15

**Grading Basis:** 50 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Students will be expected to draw on their own supervised practice with clients and use audio recordings of client work to reflect on, and evaluate their own progress. The use of case studies and recordings, as a form of action research, developed by person-centred-experiential practitioners will be	100	

Category	Short Description	Description	Weighting (%)	Exam Duration
		highlighted. This module has close links to 7028COCPSY Counselling Theory, 7029COCPSY counselling competency, and 7030COCPSY Personal Development.		

<b>Competency</b>	Practice
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## Aims

*To demonstrate an ability to integrate ethical research methodology with contemporary person-centred-experiential practice through a thoughtful and sensitive case study of your therapeutic work with one particular client.*

*Students are required to pass this module before progressing onto the dissertation module.*

## Learning Outcomes

After completing the module the student should be able to:

- 1 Evidence and critique their capacity for culturally sensitive, anti-oppressive, reflective practice with a specific client
- 2 Critically evaluate their own professional competency as an ethical person-centred-experiential therapist in training.
- 3 Demonstrate a thorough understanding of the role of a counsellor in an agency context; critically reflecting on role boundaries, contracting and communication issues (in relation to the client and in relation to agency staff).
- 4 Evidence both an understanding of, and constructive use of supervision
- 5 Evidence your understanding of research methodologies, by demonstrating how your emergent counselling practice is informed by contemporary counselling and psychotherapy research

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Case study	1	2	3	4	5
Practice	1	2	3	4	5

## Outline Syllabus

- *The nature and history of quantitative and qualitative research in to counselling and psychotherapy*
- *Contemporary qualitative and quantitative research methodology*

- *Outcome research*
- *Process research*
- *Ethical guidelines for psychotherapy and counselling research*
- *The role of supervision*
- *The place of case studies in demonstrating professional competency*

## **Learning Activities**

A mixture of lectures and student led group work will be offered.

## **Notes**

Students will be expected to draw on their own supervised practice with clients and use audio recordings of their client work to reflect on, and evaluate their own progress. The use of case studies and recordings as a form of action-research, developed by person-centred-experiential practitioners will be highlighted.