

Liverpool John Moores University

Title: RESEARCH METHODS AND TRAINING IN SPORT
PSYCHOLOGY
Status: Definitive
Code: **7033SPOSCI** (119830)
Version Start Date: 01-08-2015

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
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Academic Level: FHEQ7 **Credit Value:** 20.00 **Total Delivered Hours:** 30.00
Total Learning Hours: 200 **Private Study:** 170

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	15.000
Practical	15.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Philosophy		50.0	
Essay	Technical		50.0	

Aims

To critically explore the philosophical approaches appropriate to sport psychology

research, and to develop and extend students' skills in qualitative research methods, data analysis and representation relevant to Sport Psychology.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically evaluate the philosophical basis of quantitative and qualitative research methodologies in Sport Psychology.
- 2 Critically explore the research protocols and techniques associated with qualitative interviewing, data analysis and representation.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Philosophical essay	1
Technical essay	2

Outline Syllabus

*The philosophy of quantitative and qualitative research in Sport Psychology.
Qualitative research paradigms within Sport Psychology.
Interview process and techniques.
Qualitative data analysis and representation.*

Learning Activities

Students will receive lectures on the essence of the research methods used with Sport Psychology, before focusing on the qualitative research paradigms, designs and methods of data analysis used in the discipline. Students will also take part in training based workshops to practice qualitative protocols that facilitate effective interview design, conduction and data analysis and representation.

Notes

The module provides an opportunity for students to acquire the necessary knowledge, skills and critical understanding to conduct qualitative research in Sport Psychology at postgraduate level. The module is bespoke to the M.Sc Sport Psychology cohort, such that the methods discussed and examples used come from a Sport Psychology context. The content is delivered by a staffing base with expertise in conducting qualitative sport psychology research.