# **Liverpool** John Moores University

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Title: PROFESSIONAL PRACTICE IN SPORT PSYCHOLOGY

Status: Definitive

Code: **7035SPOSCI** (119832)

Version Start Date: 01-08-2013

Owning School/Faculty: Sports Sciences Teaching School/Faculty: Sports Sciences

Team	Leader
Zoe Knowles	Y
Mark Nesti	
Joe Causer	
Paula Watson	
Martin Littlewood	
Martin Eubank	

Academic Credit Total

Level: FHEQ7 Value: 20.00 Delivered 60.00

**Hours:** 

Total Private

Learning 200 Study: 140

**Hours:** 

**Delivery Options** 

Course typically offered: Semester 2

Component	Contact Hours	
Lecture	10.000	
Off Site	40.000	
Tutorial	10.000	

**Grading Basis:** 40 %

### **Assessment Details**

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Case study		50.0	
Reflection	Viva		50.0	

#### **Aims**

To develop a critical awareness of the theory-to-applied issues governing professional practice in Sport Psychology, including ethical guidelines and legislation, core competencies used in education and consultancy settings, and literature relating to the applied philosophies and methods of evaluation governing effective professional practice.

### **Learning Outcomes**

After completing the module the student should be able to:

- 1 Critically discuss the theoretical and ethical issues governing sport psychology practice.
- 2 Crtically evaluate professional practice competencies and the impact of professional philosophy and approaches to practice on applied work.

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Case study 1

Viva 2

## **Outline Syllabus**

Ethics & codes of conduct govering Sport Psychology practice.

Communication skills & competencies when working with individuals, groups and within organisations.

Reflective Practice.

Evaluating effectiveness of Sport Psychology practice.

Group and individual 'theory-to-practice' tutorials.

#### **Learning Activities**

In the first half of the module students are required to attend key 'professional standards' oriented lectures to discuss professional practice issues and to prepare them for a 40 hour professional practice based placement activity within a work related setting. In the second half of the module the placement is completed. This is supplemented by a programme of group and individual supervisory tutorials, which facilitate reflection on theory-to-practice issues generated by the placement activity. Students critical understanding of the theoretical and ethical issues govering sport psychology practice is assessed towards the end of the module via a written case study essay, followed by a professional practice viva based on the case study that critically evaluates professional practice competency and the impact of professional philosophy and approaches to practice on applied work.

### References

# **Notes**

This module requires students to provide theoretically informed accounts and engage in critical discussion and reflection about professional practice issues relating to their placement experience.