

Module Information

2022.01, Approved

Summary Information

Module Code	7101HEAPSY
Formal Module Title	Fundamental Issues in Health Psychology
Owning School	Psychology
Career	Postgraduate Taught
Credits	20
Academic level	FHEQ Level 7
Grading Schema	50

Teaching Responsibility

LJMU Schools involved in Delivery
Psychology

Learning Methods

Learning Method Type	Hours
Lecture	20
Seminar	10

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	12 Weeks

Aims and Outcomes

Aims	The module will give historical overview of health psychology with particular emphasis on key philosophical, conceptual and theoretical developments
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Present a historical overview of health psychology & behavioural epidemiology
MLO2	2	Describe and critically evaluate key theoretical perspectives in health psychology, and associated research. Students must be able to provide a comprehensive critique of each model, by drawing on their own intuition and logic, as well as available empirical research.
MLO3	3	Consider relevant analytic and methodological issues associated with these key theoretical perspectives

Module Content

Outline Syllabus	<p>Pre-1950s/60s: historical perspectives (Descartes, Freud, Dunbar) Post-1950s/60s/70s: historical perspectives (Surgeon General's report & Engel's biopsychosocial revolution) 1950s-1970s: early health behaviour models (HBM/PMT) 1960s/1970s stress and coping – a transactional perspective (Lazarus & colleagues/construct validity) Early 1980s: responding to illness (Leventhal's CSM model) Late 1970s/Early 1980s: emergence of behavioural epidemiology 1990s & beyond: spotlight on behaviour change (Prochaska's TTM) Contemporary issues: technology & health (CBI's in diabetes care – Cochrane reviews) Contemporary issues: ageing, health inequalities Future directions: current thinking on health theories and models</p>
Module Overview	<p>This module provides a historical overview of health psychology with particular emphasis on key philosophical, conceptual and theoretical developments. It covers theoretical models of health beliefs, anxiety, fear and perceptions of illness. Moreover, it focuses on health behaviours as well as theoretical analyses and criticism. It helps you to gain knowledge of fundamental issues and perspectives implicated in understanding and predicting health behaviour.</p>
Additional Information	<p>This module aims to familiarise students with the fundamental issues and perspectives implicated in understanding and predicting health behaviour. The module will trace the historical and philosophical origins of health psychology and address key theoretical models incorporating constructs such as health beliefs, anxiety and fear, and perceptions of illness. The module will also cover relevant empirical (theory-based) research focusing on a wide range of health behaviours, as well as criticisms of theoretical models including relevant analytic and methodological constraints. The module teaches core areas of health psychology approved by the BPS including contexts and perspectives in health psychology, health behaviour, aspects of the epidemiology of health and illness, health beliefs and attitudes, and perceptions of risk.</p>

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Essay	Critical evaluation	50	0	MLO2
Centralised Exam	Online Timed Examination	50	2	MLO1, MLO3

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Kanayo Umeh	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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