

## Liverpool John Moores University

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Title: Developing Coaching and Mentoring  
Status: Definitive  
Code: **7102PCM** (126857)  
Version Start Date: 01-08-2020  
  
Owning School/Faculty: Education  
Teaching School/Faculty: Education

Team	Leader
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**Academic Level:** FHEQ7      **Credit Value:** 20      **Total Delivered Hours:** 22  
**Total Learning Hours:** 200      **Private Study:** 178

### Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	4
Seminar	8
Tutorial	2
Workshop	8

**Grading Basis:** 50 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	CW	Report (4,500 Words)	100	

### Aims

*To expand the students' knowledge and understanding of coaching and mentoring through learning based on engagement with current theory, research, policy and*

*practice.*

*To develop critical professional practice through the analysis of reflection on and engagement with this knowledge and understanding in the students setting.*

*To develop personally and professionally through engagement with the module.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Critically analyse the concept of the mentoring/coaching continuum.
- 2 Synthesise theory and research around coaching models
- 3 Critically evaluate mentoring and coaching models within a professional setting.
- 4 Apply coaching skills and techniques, with refinement, in the workplace

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Coursework	1	2	3	4
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## **Outline Syllabus**

*This module will support the student in reviewing established or emerging practice on coaching and mentoring within a professional context.*

*Students will be expected to utilise the theoretical frameworks that underpin coaching and mentoring and research into coaching and mentoring processes.*

*The module will include:*

- *Defining the concept of coaching and the mentoring and the coaching continuum*
- *Coaching models linked to EI, mental health, resilience, mindfulness*
- *Developing coaching and mentoring relationships*
- *Effective coaching and mentoring practice in the workplace*
- *Coaching skills*

## **Learning Activities**

Learning activities will include tutor input, group discussions and activities, learning conversations, use of ICT such as Canvas and other resources, action research/work related enquiries as appropriate, workshops, presentations, practical tasks, individual tutorials, directed readings and focused work-based practice, as appropriate

## **Notes**

This module is designed to meet the professional needs of practitioners. It will give a grounding in theory, research and practice, with an interest in developing skills and an enhanced understanding of coaching and mentoring.