

## Liverpool John Moores University

Title: HEALTH PSYCHOLOGY: CONTEXT AND APPLICATIONS  
Status: Definitive  
Code: **7105HEAPSY** (124233)  
Version Start Date: 01-08-2021  
  
Owning School/Faculty: Psychology  
Teaching School/Faculty: Psychology

| Team           | Leader |
|----------------|--------|
| Rachel Tarling | Y      |
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**Academic Level:** FHEQ7      **Credit Value:** 20      **Total Delivered Hours:** 32  
**Total Learning Hours:** 200      **Private Study:** 168

### Delivery Options

Course typically offered: Semester 2

| Component | Contact Hours |
|-----------|---------------|
| Lecture   | 12            |
| Seminar   | 12            |
| Workshop  | 8             |

**Grading Basis:** 50 %

### Assessment Details

| Category   | Short Description | Description | Weighting (%) | Exam Duration |
|------------|-------------------|-------------|---------------|---------------|
| Report     | Report            | coursework  | 60            |               |
| Technology | Video             | coursework  | 40            |               |

### Aims

*To introduce students to the ways in which theory and knowledge covered in other MSc modules can be applied in context. To investigate and practise the basic interpersonal, communication, technical and professional skills required of a*

*practitioner in an applied setting. To examine the role interpersonal factors have on patients' decisions to seek and comply with treatment.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Critically evaluate patient participation, design, implementation and evaluation of behaviour change interventions
- 2 Critically apply the interpersonal, communication, technical and professional skills required of a practitioner in a health context.
- 3 Review and critically evaluate theories and models of health psychology as applied to a range of contexts, for example: adherence to treatment, patient practitioner communication, patient satisfaction, non- specific effects and measurement of outcome.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

|                  |   |   |
|------------------|---|---|
| Report           | 2 | 3 |
| Video Assessment | 1 | 2 |

## **Outline Syllabus**

*Behaviour change intervention design, delivery and evaluation; health promotion; screening; communication in different health care settings; interview and diagnostic skills; decision making; the role of intrapersonal and interpersonal factors in care and response to treatment; adherence; compliance; non-specific effects; patient satisfaction; ethical and professional issues.*

## **Learning Activities**

The material will be delivered through a mixture of traditional lectures, student-led seminars and workshops. The emphasis throughout will be on interaction, encouraging students to explore the material for themselves and develop their skills during the sessions and via directed independent reading.

## **Notes**

Lectures will introduce students to the key concepts and theories relevant to the application of health psychology in a variety of settings. Workshop activities and student-led seminars will provide the opportunity to practice and develop the basic skills required of a health psychology practitioner.

Note on coursework assessment: The coursework is to develop a behaviour change intervention for a specific population and behaviour. This will involve consulting with an individual(s) from the population, assessing their needs and then devising the intervention based on theory.