

# **Psychosocial Factors and Health**

## **Module Information**

**2022.01, Approved** 

## **Summary Information**

Module Code	7106HEAPSY
Formal Module Title	Psychosocial Factors and Health
Owning School	Psychology
Career	Postgraduate Taught
Credits	20
Academic level	FHEQ Level 7
Grading Schema	50

#### **Teaching Responsibility**

LJMU Schools involved in Delivery	
Psychology	

## **Learning Methods**

Learning Method Type	Hours
Lecture	20
Seminar	10

## Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-CTY	CTY	January	12 Weeks

#### **Aims and Outcomes**

Aime	To enable students to develop in-depth understanding of behavioural, cognitive, emotional and individual difference factors that contribute to health and illness.
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#### **Learning Outcomes**

Code	Number	Description
MLO1	1	Review and evaluate case studies, and present findings contextually with reference to health and illness.
MLO2	2	Critically evaluate the impact of behavioural, cognitive and dynamic determinants of health and illness outcomes.
MLO3	3	Critically assess the psychometric properties of measurement instruments in reported research.

## **Module Content**

Outline Syllabus	Symptom and pain perception; mood and cognition; individual differences and personality factors in health and illness; dispositional optimism/pessimism; attribution and locus of control; self-efficacy; emotions and health; use of psychometric scales in various contexts; wellbeing, positive psychology and prevention of illness; health inequalities; developmental aspects of health models.
Module Overview	This module enables you to develop in-depth understanding of behavioural, cognitive, emotional and individual difference factors that contribute to health and illness.
Additional Information	Independent learning will be encouraged by extensive use of seminar tasks, case-studies, problem-solving, reviewing exercises, overview of critical evaluation, feedback and feedforward on presentations, and directed independent reading. Traditional lectures will underpin knowledge acquisition. Opportunities will be available for formative assessment.

#### **Assessments**

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Centralised Exam	Online Timed Examination	60	1	MLO2, MLO3
Presentation	Case Study Presentation	40	0	MLO1, MLO2, MLO3

## **Module Contacts**

#### **Module Leader**

Contact Name	Applies to all offerings	Offerings
David McIlroy	Yes	N/A

#### **Partner Module Team**

Contact Name	Applies to all offerings	Offerings
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