

Liverpool John Moores University

Title: PSYCHOSOCIAL FACTORS AND HEALTH
Status: Definitive
Code: **7106HEAPSY** (124234)
Version Start Date: 01-08-2021

Owning School/Faculty: Psychology
Teaching School/Faculty: Psychology

Team	Leader
David McIlroy	Y
Caroline Brett	

Academic Level: FHEQ7 **Credit Value:** 20 **Total Delivered Hours:** 32
Total Learning Hours: 200 **Private Study:** 168

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	20
Seminar	10

Grading Basis: 50 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Exam	exam	Examination	60	2
Presentation	CS pres	Case study presentation	40	

Aims

To enable students to develop in-depth understanding of behavioural, cognitive, emotional and individual difference factors that contribute to health and illness.

Learning Outcomes

After completing the module the student should be able to:

- 1 Review and evaluate case studies, and present findings contextually with reference to health and illness.
- 2 Critically evaluate the impact of behavioural, cognitive and dynamic determinants of health and illness outcomes.
- 3 Critically assess the psychometric properties of measurement instruments in reported research.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Examination	2	3	
Case Study Presentation	1	2	3

Outline Syllabus

Symptom and pain perception; mood and cognition; individual differences and personality factors in health and illness; dispositional optimism/pessimism; attribution and locus of control; self-efficacy; emotions and health; use of psychometric scales in various contexts; wellbeing, positive psychology and prevention of illness; health inequalities; developmental aspects of health models.

Learning Activities

Seminar tasks will include group discussion, case-studies, problem-solving, role-play, reviewing exercises, feedback on presentations, directed independent reading, traditional lectures and formative assessment.

Notes

Independent learning will be encouraged by extensive use of seminar tasks, case-studies, problem-solving, reviewing exercises, overview of critical evaluation, feedback and feedforward on presentations, and directed independent reading. Traditional lectures will underpin knowledge acquisition. Opportunities will be available for formative assessment.