

Liverpool John Moores University

Title: RESEARCH METHODS AND TRAINING IN SPORT
PSYCHOLOGY
Status: Definitive
Code: **7133SPOSCI** (124264)
Version Start Date: 01-08-2021
Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
David Tod	Y
Zoe Knowles	

Academic Level: FHEQ7
Credit Value: 20
Total Delivered Hours: 36
Total Learning Hours: 200
Private Study: 164

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	12
Online	12
Seminar	12

Grading Basis: 50 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Essay	Philosophical essay	50	
Report	Report	Technical Report	50	

Aims

To critically explore the philosophical approaches appropriate to sport psychology research, and to develop and extend students' skills in qualitative research methods, data analysis and representation relevant to Sport Psychology.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically evaluate the philosophical basis of quantitative and qualitative research methodologies in Sport Psychology.
- 2 Critically explore the research protocols and techniques associated with qualitative interviewing, data analysis and representation.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Philosophical essay	1
Technical report	2

Outline Syllabus

Research paradigms in Sport Psychology
Interview techniques
Ethnography
Participant observation
Narrative and reflective accounts
Focus groups
Qualitative data analysis and representation

Learning Activities

Students receive lectures on the research paradigms and methods used within Sport Psychology, accompanied by seminars focussed on training in the use of the qualitative research methods of data collection, analysis and representation. Students also take part in directed on-line task based activities to practise qualitative protocols related to effective interview design, conduction and data analysis / representation.

Notes

The module provides an opportunity for students to acquire the necessary knowledge, skills and critical understanding to conduct qualitative research in Sport Psychology at postgraduate level. The module is bespoke to the M.Sc Sport Psychology cohort, such that the methods discussed and examples used come from a Sport Psychology context. The content is delivered by a staffing base with expertise in conducting qualitative Sport Psychology research.