

Liverpool John Moores University

Title: PROFESSIONAL PRACTICE IN SPORT PSYCHOLOGY
Status: Definitive
Code: **7135SPOSCI** (124266)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Joanne Butt	Y
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Zoe Knowles	
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Academic Level: FHEQ7 **Credit Value:** 20 **Total Delivered Hours:** 60

Total Learning Hours: 200 **Private Study:** 140

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	10
Off Site	40
Tutorial	10

Grading Basis: 50 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Case study	Case study	50	
Reflection	Viva	Viva	50	

Aims

To develop a critical awareness of the theory-to-applied issues governing professional practice in Sport Psychology, including ethical guidelines and legislation, core competencies used in education and consultancy settings, reflective practice and literature relating to effective professional practice and practitioner development.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically discuss the theoretical and ethical issues governing sport psychology practice.
- 2 Critically evaluate professional practice competencies and practitioner development experiences on applied work.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Case study	1
Viva	2

Outline Syllabus

*Ethics & codes of conduct governing Sport Psychology practice.
Communication skills & competencies when working with individuals, groups and within organisations.
Conducting intake with clients
Reflective Practice.
Evaluating effectiveness of Sport Psychology practice.
Practitioner development.
Group and individual 'theory-to-practice' tutorials.*

Learning Activities

In the first half of the module students are required to attend key 'professional standards' oriented lectures to discuss professional practice issues and to prepare them for a 40 hour professional practice based placement activity within a work related setting. In the second half of the module the placement is completed. This is supplemented by a programme of group and individual supervisory tutorials, which facilitate reflection on theory-to-practice issues generated by the placement activity. Students critical understanding of the theoretical, consultancy and ethical issues governing sport psychology practice is assessed towards the end of the module via a written case study essay, followed by a professional practice viva based on the case study that critically evaluates professional practice competency and practitioner

development experiences on applied work.

Notes

This module requires students to provide theoretically informed accounts and engage in critical discussion and reflection about professional practice issues relating to their placement experience.