

Summary Information

Module Code	7135SPOSCI
Formal Module Title	Professional Practice in Sport Psychology
Owning School	Sport and Exercise Sciences
Career	Postgraduate Taught
Credits	20
Academic level	FHEQ Level 7
Grading Schema	50

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Joanne Butt	Yes	N/A

Module Team Member

Contact Name	Applies to all offerings	Offerings
Amy Whitehead	Yes	N/A
Martin Littlewood	Yes	N/A
Martin Eubank	Yes	N/A
Gillian Cook	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	24
Practical	10
Tutorial	10

Module Offering(s)

Offering Code	Location	Start Month	Duration
JAN-CTY	CTY	January	12 Weeks

Aims and Outcomes

Aims	To develop a critical awareness of the theory-to-applied issues governing professional practice in Sport Psychology, including ethical guidelines and legislation, core competencies used in education and consultancy settings, and literature relating to the applied philosophies and methods of evaluation governing effective professional practice.
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Learning Outcomes

After completing the module the student should be able to:

Code	Description
MLO1	Critically evaluate the important theoretical knowledge and applied skills required in the applied sport psychology work related setting
MLO2	Discuss the application of planning and reflection within the applied sport psychology work related setting
MLO3	Critically appraise the design, delivery and impact of the applied sport psychology provision for the service user

Module Content

Outline Syllabus

Practitioner awareness, values & Gaining entry
Ethical Consideration in applied sport psychology
Equality and Diversity issues in applied sport psychology
Psychology in diverse settings
Sport Psychology working in a Multidisciplinary Support Team
Reflective practice
Working with coaches
Mental health literacy
Sport psychology and health issues in society

Module Overview

This module requires students to provide theoretically informed accounts and engage in critical discussion and reflection about professional practice issues in the field of sport and exercise psychology, and experiences associated with work-related learning

Additional Information

Teaching activity will be comprised of a timetabled programme of lectures, tutorials linked with this content, and also tutorials with designated work-related learning supervisors Work related learning encompasses planning and delivering educational based psychology support and can be categorised as one of the following:

External: Working on a project with a client/client group based outside of the University

Internal: Internal campus based work related learning led by a JMU member of staff

Practicum based: Working on projects staff have had prior involvement with although data/contexts are 'real'.

Observational: Shadowing and observing practice within an external setting. This may be a sport psychologist or practitioner allied to that of sport psychology.

Students are required to attend keynote lectures on professional practice and standards that help students to prepare for the planning and completion of work-related experience. As part of the module students will plan, conduct, and reflect on their practical experiences, which will typically involve 15-20 hours of self-directed/tutor led study time. Critical understanding of the theoretical and ethical issues governing sport psychology practice is assessed prior to undertaking a work-related experience, and also towards the end of the module. Prior to starting any work-related experience, students generate a plan of activities (25%) that documents the work-related learning to be conducted, aims and goals for their work-related experience, strengths and areas for development, ethical considerations, and practitioner safety. Towards the end of the module, critical understanding of the theoretical and ethical issues governing sport psychology practice is assessed with the submission of a portfolio, which will assess the products delivered in the selected work-related settings and reflective narrative on learnings (75%). Both assessments reflect future progression that are consistent with preparing for Stage 2 training.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Portfolio	Planning of service delivery	25	0	MLO2
Portfolio	Applied learning reflection	75	0	MLO1, MLO2, MLO3