

## Applied Placement Module Information

2022.01, Approved

### Summary Information

Module Code	7145SPOSCI
Formal Module Title	Applied Placement
Owning School	Sport and Exercise Sciences
Career	Postgraduate Taught
Credits	20
Academic level	FHEQ Level 7
Grading Schema	50

### Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

### Learning Methods

Learning Method Type	Hours
Lecture	6
Placement	96

### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-CTY	CTY	January	12 Weeks

### Aims and Outcomes

Aims	The aim of the module is to allow you to gain hands on experience working as a sports nutritionist, translating sport nutrition theory into applied practice whilst developing your skills in reflective practice.
------	--

**After completing the module the student should be able to:**

**Learning Outcomes**

Code	Number	Description
MLO1	1	Communicate effectively and work with athletes
MLO2	2	Develop and implement effective sports nutrition advice to athletes
MLO3	3	Critically evaluate the need for reflective practice and demonstrate reflection within sports nutrition consultancy

**Module Content**

Outline Syllabus	Week 1 What to expect in a nutrition placement Week 2 Ethics and risk assessment Week 3 Reflective practice Week 4 Placement Week 5 Placement Week 6 Placement Week 7 Placement Week 8 Placement Week 9 Placement Week 10 Placement Week 11 Placement Week 12 Placement
Module Overview	Having been taught fundamental Sports Nutrition in semester 1, as well as completing the practical skills module, you will now undergo a nine week placement to practice and develop these skills. The aim of the placement is to allow you to gain hands on experience in working as a Sports Nutritionist.
Additional Information	Having been taught fundamental sports nutrition in semester 1, as well as completing the practical skills module in semester 1, students will now undergo a 12 week placement to practise and develop these skills. All of the students will have been trained in the assessment of body composition in 7142SPOSCI and will now get the chance to practise this technique on real athletes. It is crucial that the sports nutritionist not only has the scientific knowledge in sports nutrition but also has the ability to translate this into real world advice. The student will work alongside experienced members of staff to develop these skills. Applied experience is a key factor in gaining full SENr accreditation and it is therefore crucial that students are given this opportunity. Students will attend placements either as individuals or in groups of up to 3 and the placements will be provided by LJMU (although if a student does have a placement in mind they would like to complete then this can be discussed on an individual basis).

**Assessments**

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Portfolio	Portfolio and reflective piece	75	0	MLO1, MLO2, MLO3
Presentation	Viva defence of the placement	25	0	MLO1, MLO3

**Module Contacts**

**Module Leader**

Contact Name	Applies to all offerings	Offerings
Graeme Close	Yes	N/A

**Partner Module Team**

Contact Name	Applies to all offerings	Offerings
--------------	--------------------------	-----------