

# Molecular Exercise Physiology

# **Module Information**

2022.01, Approved

## **Summary Information**

Module Code	7162SPOSCI
Formal Module Title	Molecular Exercise Physiology
Owning School	Sport and Exercise Sciences
Career	Postgraduate Taught
Credits	20
Academic level	FHEQ Level 7
Grading Schema	50

#### Teaching Responsibility

LJMU Schools involved in Delivery	
Sport and Exercise Sciences	

### **Learning Methods**

Learning Method Type	Hours
Lecture	12
Practical	16

# Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	СТҮ	September	12 Weeks

# Aims and Outcomes

Nowadays, cutting-edge research in exercise physiology seeks mechanistic understanding and so relies heavily on molecular techniques. This module is aimed at providing you with the knowledge and skills to contribute to this exciting area of research. Work within the Research Institute for Sport and Exercise Sciences has pioneered the application of omic techniques in exercise physiology, and this module principally provides training in omic analyses at DNA, mRNA, protein and metabolite levels. The module is delivered online using live sessions and pre-recorded content, and includes practical training in bioinformatics.

#### After completing the module the student should be able to:

#### Learning Outcomes

Aims

Code	Number	Description
MLO1	1	Demonstrate aptitude and an ability to operate at a professional level in laboratories or other complex/specialised contexts
MLO2	2	Synthesise ideas or information in innovative ways to generate transformative solutions or construct arguments that integrate and extend knowledge
MLO3	3	Demonstrate deep theoretical understanding of exercise physiology, e.g. encompassing molecular mechanisms and whole-body integrative physiology
MLO4	4	Demonstrate competency in research governance, including principals of ethic research and laboratory safety
MLO5	5	Develop critical responses to existing theoretical discourses, methodologies or practices and suggest new concepts or approaches

### **Module Content**

Outline Syllabus	Introduction to Molecular Exercise Physiology and omicsCell signallingGeneticsTranscriptomicsProteomicsMetabolomicsIntroduction to RIntroduction to MoTrPAC
Module Overview	This module aims to provide the knowledge and practical skills to contribute to this exciting area of research. It will also provide training in traditional and contemporary protein analysis.
Additional Information	This module provides an introduction to Molecular Exercise Physiology and research using omic techniques

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Lab report	30	0	MLO1, MLO4
Report	Experimental design	70	0	MLO2, MLO3, MLO5

### **Module Contacts**

#### Module Leader

Contact Name	Applies to all offerings	Offerings
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Jatin Burniston	Yes	N/A
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#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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