

## Liverpool John Moores University

Title: Population Nutrition  
Status: Definitive  
Code: **7301SSLN** (122539)  
Version Start Date: 01-08-2021

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Katie Lane	Y
Ian Davies	

**Academic Level:** FHEQ7      **Credit Value:** 20      **Total Delivered Hours:** 40  
**Total Learning Hours:** 200      **Private Study:** 160

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	30
Seminar	10

**Grading Basis:** 50 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	AS1	Poster	40	
Report	AS2	Designing an Intervention (2,500 words)	60	

### Aims

*The module provides an understanding of the nutritional requirements of population groups throughout the life-course, considering the nutritional needs of mothers and infants; children and adolescents; as well as adults and the aging population. The module will also provide an understanding of current dietary guidelines (how they are derived, and why they might vary for different population groups or different global*

regions). The module will also identify different international nutrition priorities and look at how public health nutrition intervention strategies can be designed, implemented and evaluated.

## Learning Outcomes

After completing the module the student should be able to:

- 1 Critically evaluate the main nutritional requirements of population groups
- 2 Critically discuss the importance and impact of pressing international nutrition priorities
- 3 Critically evaluate public health nutrition intervention strategies

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Poster	1		
Report	1	2	3

## Outline Syllabus

*Overview of nutrients (uses, deficiencies); dietary guidelines (what are they? how are they derived?); maternal and infant nutrition; children's and adolescent's nutritional needs; nutrition and adult health; over-nutrition and obesity prevention; undernutrition (definitions, causes, consequences); food, nutrition and health policies; public health nutrition intervention strategies; health and nutrition promotion and communication.*

## Learning Activities

Formal lectures provide an introduction to the main topics and themes being introduced in this module. Seminar and online materials are designed to encourage critical thinking and critical discussion; whilst work-related case studies and placements will support the development and evaluation of public health nutrition interventions in practice.

## Notes

This module will also encourage students to think about population nutrition from a global perspective; as well as consider nutritional issues linked to economically, geographically and socially disadvantaged communities.

This module will be a module within the MSc PHN and a CPD.

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1. The programme has taken account of the appropriate levels of the Frameworks for Higher Education Qualifications of UK Degree-Awarding Bodies (FHEQ) and is aligned to level 7 descriptors. This is reflected in the module learning outcomes.
2. The module involves classroom attendance, which is further supported by a range of learning support tools. The module is part time
3. The criteria for admission to the module require that candidates have a minimum 2:2 honours degree in Nutrition, Dietetics, Public Health or another relevant discipline (Food Science, Physiology, Biology, Health Promotion, Biochemistry).
4. The final award is a Continuing Professional Development – Population Nutrition
5. The students will have access to a VLE site and the University's other range of electronic support such as access to the electronic library facilities. The module VLE site reflects contemporary reading lists and links to journal articles. The module VLE site also includes a number of presentations for students to access on areas such as critical writing and library support. The students also have access to the module leader through phone contact, emails and face to face meetings. A module guide is also provided, which guides students to the wider range of support available.
6. The programme is assessed and run in line with the Academic Framework, <https://www.ljmu.ac.uk/about-us/public-information/academic-quality-andregulations/academic-framework>
7. Attendance is required throughout the module; although some learning material will be available through the VLE site.
8. Validated 2018/ 2019.
9. The methods for improving the quality and standards of learning are as follows: Continuous Monitoring and Enhancements (CME).
  - Liaison and feedback from the students
  - Reports from the External Examiner
  - Programme team ensuring the module reflects the values of the current teaching and learning strategy
  - Module leader updating knowledge and skills to ensure these remain current and relevant
10. This is a standalone CPD. External Examiner responsibilities will be linked to the existing examiner for MSc Public Health Nutrition.
11. The approved intake is September annually.
12. The Programme code is 36340