

Liverpool John Moores University

Title: Professional Practice in Nutrition
Status: Definitive
Code: **7304SSLN** (122544)
Version Start Date: 01-08-2021

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Lucinda Richardson	Y
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Academic Level: FHEQ7 **Credit Value:** 10 **Total Delivered Hours:** 20
Total Learning Hours: 100 **Private Study:** 80

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	10
Online	5
Workshop	5

Grading Basis: 50 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	AS1	Role Play (20 Minutes)	100	

Aims

The module studies the practical techniques of nutritional assessment, advanced communications skills and aspects of the promotion of healthier eating (from an individual and community perspective). It relates health policy to community initiatives and emphasises the complexity of achieving dietary changes and the need for evaluation.

Learning Outcomes

After completing the module the student should be able to:

- 1 Critically evaluate the nutritional intake of individuals and community groups using dietary assessment techniques
- 2 Critically assess the effectiveness of promoting healthier diets in a variety of different settings

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Role Play	1	2
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Outline Syllabus

Ethical and professional issues, code of conduct. Nutritional surveillance and nutritional assessment methods. The importance of good communication skills, including advanced skills such as motivational interviewing. Current eating habits and current dietary advice. Providing dietary advice in practice, such translating theoretical messages into practical advice.

Learning Activities

Formal lectures provide an introduction to the main topics and themes being introduced in this module. Workshops and online materials are designed to encourage practical and communication skills and critical discussion of the issues surrounding the translation of healthy eating messages into practical advice.

Notes

This module encourages students to translate the theory of nutritional messages into practical advice for individuals and groups.