

## Liverpool John Moores University

Title: Advanced Coaching Process  
Status: Definitive  
Code: **7401SSLN** (124715)  
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences  
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Simon Roberts	Y

**Academic Level:** FHEQ7      **Credit Value:** 20      **Total Delivered Hours:** 21  
**Total Learning Hours:** 200      **Private Study:** 179

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Online	11
Seminar	10

**Grading Basis:** 50 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	4,500 word essay	100	

### Aims

*The aim of this module is to allow students to gain an advanced understanding of the theoretical concepts that are essential to the coaching process. The module will explore concepts as they apply to each individual within their particular sport coaching role. It will enable them to form clear understanding of the marriage between theory and practice in sport coaching.*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Critically understand and appraise the importance of the coaching process.
- 2 Synthesise and critically report the antecedents of the coaching process.
- 3 Assimilate and apply examples of the coaching process within their own sport coaching practice.

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

AS1	1	2	3
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### **Outline Syllabus**

*Coaching philosophy*  
*Coaching models*  
*Socio-cultural aspects of sport coaching*  
*Power*  
*Mentoring and communities of practice*

### **Learning Activities**

Students will participate in lectures, seminars and web-based support activities throughout the module. There will also be a strong element of self-directed learning and engagement.

### **Notes**

The aim of this module is to allow students to gain an advanced understanding of the theoretical concepts that are essential to the coaching process. The module will explore concepts as they apply to each individual within their particular sport coaching role. It will enable them to form clear understanding of the marriage between theory and practice in sport coaching.