

### Module Information

2022.01, Approved

#### Summary Information

Module Code	7456AHW
Formal Module Title	Arts in Mental Health and Wellbeing
Owning School	Nursing and Allied Health
Career	Postgraduate Taught
Credits	20
Academic level	FHEQ Level 7
Grading Schema	50

#### Teaching Responsibility

LJMU Schools involved in Delivery
Nursing and Allied Health

#### Learning Methods

Learning Method Type	Hours
Online	8
Seminar	8
Tutorial	2
Workshop	22

#### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
APR-CTY	CTY	April	12 Weeks
JAN-CTY	CTY	January	12 Weeks
SEP-CTY	CTY	September	12 Weeks

## Aims and Outcomes

Aims	To develop a critical understanding of current practice and research in the field of arts within mental health and wellbeing; To critically argue why engagement in the Arts has added value in helping to promote, prevent, manage and treat mental health conditions.
------	---

**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Critically argue the growing evidence base for the role of the arts in improving mental health and well-being;
MLO2	2	Critically construct how engagement with social, cultural & community assets can support prevention and promotion, management and treatment of mental health;
MLO3	3	Formulate an art and health intervention strategy, culturally appropriate for a particular social group.

## Module Content

Outline Syllabus	“The Arts and Mental Health momentum” – research, and policy developments “The Added Health Value of Arts Engagement” - Prevention and Promotion; - Management and Treatment “The Social Prescribing Movement” – origins, evolution and current evidences (Invited Lecturer); “Beyond Health Determinants” - Culture capital, habitus and class “The Arts and Mental Health momentum” – Developments in Practice
Module Overview	
Additional Information	

## Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Essay	Critical analysis	60	0	MLO2, MLO1
Artefacts	Art and mental health strategy	40	0	MLO3

## Module Contacts

### Module Leader

Contact Name	Applies to all offerings	Offerings
Rafaela Neiva	Yes	N/A

### Partner Module Team

Contact Name	Applies to all offerings	Offerings
--------------	--------------------------	-----------