

# **Applied Transformative Psychology**

# **Module Information**

**2022.01, Approved** 

# **Summary Information**

Module Code	7505ALEFTP
Formal Module Title	Applied Transformative Psychology
Owning School	Psychology
Career	Postgraduate Taught
Credits	20
Academic level	FHEQ Level 7
Grading Schema	50

#### **Teaching Responsibility**

LJMU Schools involved in Delivery	
LJMU Partner Taught	

#### **Partner Teaching Institution**

Institution Name	
The Alef Trust CIC	

# **Learning Methods**

Learning Method Type	Hours
Lecture	20
Online	15

# Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

## **Aims and Outcomes**

Aims	1. To explore definitions, models and pathways of psycho-spiritual transformation across a range of applied domains. 2. To develop personal competence in the application of transpersonal approaches in a practice context relevant to the student. 3. To explore issues of measurement and frameworks for understanding individual and collective transformation and what fosters it.4. To examine critically how the above issues of measurement and explanation can be applied with respect to two areas (available from a range offered as optional topics within the module) that exemplify approaches in which transpersonal principles inform practice.
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## After completing the module the student should be able to:

## **Learning Outcomes**

Code	Number	Description
MLO1	1	Demonstrate understanding of two specific approaches to psycho-spiritual transformation to a depth that enables them to evaluate practice efficacy in specific contexts.
MLO2	2	Critically assess practical and ethical issues of applying transpersonal pathways and principles in contemporary contexts.
MLO3	3	Critically reflect on the measurement of impact generated by transformational practices, as well as consider potential limitations of applying spiritual models in a variety of domains.

## **Module Content**

Outline Syllabus	• Transformational Practice: o Definitions & theories of transformationo Models & pathways o Conceptualising the 'sacred' in applied practice• Issues of application and measurement: o The ethics of transformation: gurus, teachers, coaches or therapists?o Approaches to measurement of individual and collective transformation• Consideration of the above in two areas from a list of optional topics. Such optional topics may include:o Creativity and Transformationo Transpersonal psychotherapy and counsellingo Transformational leadershipo Transpersonal Coaching Psychologyo Meditation & Mindfulnesso Somatic psychology
Module Overview	
Additional Information	This module is a core module on a fully online, distance learning MSc programme. All activities take place via the Collaborative Learning Environment (CLE) into which students will be inducted at the commencement of the programme. The term "online" under Delivery Options includes teaching delivered through synchronous webinars and through asynchronous forums.

## **Assessments**

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Case Study Proposal	35	0	MLO2
Portfolio	Reflective Essay	60	0	MLO1, MLO3
Portfolio	Online Forum	5	0	MLO1, MLO2

## **Module Contacts**

#### **Module Leader**

Contact Name Applies to all offerings Offerings	Contact Name	Applies to all offerings	Offerings
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#### **Partner Module Team**

Contact Name	Applies to all offerings	Offerings