

## Module Information

2022.01, Approved

### Summary Information

Module Code	8001SPOSCI
Formal Module Title	Planning Training in Sport and Exercise Psychology
Owning School	Sport and Exercise Sciences
Career	Postgraduate Taught
Credits	30
Academic level	FHEQ Level 8
Grading Schema	Pass/Not Pass

### Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

### Learning Methods

Learning Method Type	Hours
Lecture	4
Placement	96
Tutorial	4
Workshop	4

### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-CTY	CTY	January	28 Weeks

### Aims and Outcomes

Aims	The aim of the module is to establish that the trainee can plan their training in relation to the requirements of the national competences for sport and exercise psychologists and provide evidence of a critical perspective on their own planned development.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Plan sport and exercise psychology training and map it over time graphically
MLO2	2	Consider the strengths, weaknesses, opportunities and threats to their plan of training in sport and exercise psychology and generate a critical commentary.

### Module Content

Outline Syllabus	In this module, trainees will be inducted into the Professional Doctorate, and will plan their training for the period of enrolment through lecture, workshop and supervised tutorial based discussions. They will learn how to map out their training, draw up a Gantt chart, and create a SWOT analysis relative to the competency requirements of the programme.
Module Overview	
Additional Information	This is the first module on the DSportExPsy programme. It is a relatively short module intended to introduce the programme and to support trainees in producing a plan of training analogous to that required by the British Psychological Society for their Stage 2 Qualification in Sport and Exercise Psychology, and to reflect on that plan in the form of a SWOT analysis.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Portfolio	Plan of Training	100	0	MLO1, MLO2

### Module Contacts

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Martin Eubank	Yes	N/A

#### Partner Module Team

Contact Name	Applies to all offerings	Offerings