

Reflection in Sport and Exercise Psychology

Module Information

2022.01, Approved

Summary Information

Module Code	8003SPOSCI
Formal Module Title	Reflection in Sport and Exercise Psychology
Owning School	Sport and Exercise Sciences
Career	Postgraduate Taught
Credits	60
Academic level	FHEQ Level 8
Grading Schema	Pass/Not Pass

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	6
Placement	504
Tutorial	10
Workshop	6

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-CTY	CTY	January	28 Weeks

Aims and Outcomes

Aims	The aim of this module is for trainees to demonstrate their overall professional skills development and their ability to reflect and meta-reflect on that development and the decisions and choices that they have made during their training.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Conduct an oral defence of their work, demonstrating ownership, reflection and understanding commensurate with mature and safe independent professional practice.
MLO2	2	Conduct ethically sound work in sport and exercise psychology at professional practice level.
MLO3	3	Reflect on their skills, practice, and professional development
MLO4	4	Reflect on their reflections

Module Content

Outline Syllabus	This module involves support for professional skills reporting in the form of the practice diary and log of training. In this module trainees are prepared for submission of their overall portfolio and for the viva voce examination. They will be engaged in exercises, supervision and discussions that will support their reflection and meta-reflection.
Module Overview	
Additional Information	This is the final module on the DSportExPsy programme. It is intended to prepare students for their future as a sport and exercise psychologist by closing the loop on their training, reflecting back on their original plan, and on their learning experiences, and looking toward the future in practice.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Training Log & Practice Diary	100	0	MLO3, MLO2, MLO4

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Martin Eubank	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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