

Module Information

2022.01, Approved

Summary Information

Module Code	8004SPOSCI
Formal Module Title	Professional Planning Training in Sport and Exercise Science
Owning School	Sport and Exercise Sciences
Career	Postgraduate Taught
Credits	30
Academic level	FHEQ Level 8
Grading Schema	Pass/Not Pass

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	28
Placement	66
Tutorial	6
Workshop	6

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-CTY	CTY	January	28 Weeks

Aims and Outcomes

Aims	The aim of this module is to enable the student to critically evaluate their current status with respect to relevant competencies for Applied Sport and Exercise Scientists and provide evidence of a systematic plan for their own development, more specifically a plan relating to the development as a researching professional.
------	--

After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Complete a professional skills audit and identify key training requirements towards the development of a personal philosophy of practice
MLO2	2	Plan applied sport and exercise science training related to professional practice and map it over time graphically
MLO3	3	Consider the strengths, weakness, opportunities and threats to a plan of training related to professional practice in applied sport and exercise science
MLO4	4	Develop a systematic review protocol specifically for a research area in applied sport and exercise science

Module Content

Outline Syllabus	Professional Skills Audit: (vitae researcher framework, professional skills and competencies, personal philosophy of practice; reflection). Project planning: (organisation, leadership and project management; The Why; The What; The How).Project delivery: (stakeholder management, work breakdown structures; risk assessments and Gantt charts).Proposed research plan: (identification of professional and research objectives; qualitative and quantitative methods of data collection).Systematic Review Protocol: (inclusion/exclusion criteria, search strategy, search strings and databases to search)
Module Overview	
Additional Information	This is the first module on the DSportExSci programme. It is a short module intended to introduce the programme and to support trainees in safe practice, self audit and planning professional research activity.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Portfolio	Training Plan	100	0	MLO1, MLO2, MLO3, MLO4

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Zoe Knowles	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
--------------	--------------------------	-----------