

### Module Information

2022.01, Approved

#### Summary Information

Module Code	8006SPOSCI
Formal Module Title	Reflection in Sport and Exercise Science
Owning School	Sport and Exercise Sciences
Career	Postgraduate Taught
Credits	60
Academic level	FHEQ Level 8
Grading Schema	Pass/Not Pass

#### Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

#### Learning Methods

Learning Method Type	Hours
Lecture	4
Placement	504
Tutorial	10
Workshop	8

#### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-CTY	CTY	January	28 Weeks

#### Aims and Outcomes

Aims	The aim of this module is for trainees to show their overall professional skills development and their ability to critically analyse, reflect and meta-reflect on that development and the decisions and choices that they have made during training.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Conduct an oral defence of their work, demonstrating philosophical underpinning, ownership, synthesis, reflection and understanding commensurate with mature and safe independent practice
MLO2	2	Conduct ethically sound activity in Applied Sport and Exercise Science at professional practice level
MLO3	3	Reflect on their skills, practice and professional development
MLO4	4	Reflect on their reflections

### Module Content

Outline Syllabus	This module involves support for professional skills reporting in the form of a report and a viva voce. They will be engaged in exercises and discussions that will support the synthesis of the professional development completed and their reflection, reflective synthesis and meta-reflection.
Module Overview	
Additional Information	This is the final module on the DSportExSci programme. It is intended to prepare trainees for their future by closing the loop on their training, reflecting back on their original plan, and on their experiences as well as looking toward their future practice.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Reflection	Log Book of Training	100	0	MLO3, MLO4, MLO1, MLO2

### Module Contacts

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Zoe Knowles	Yes	N/A

#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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